The SEEP Network Guidelines for Microenterprise Development in HIV and AIDS-Impacted Communities: Supporting Economic Security and Health

BOOK 2

For Microenterprise Development Practitioners
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The SEEP Guidelines call for and provide guidance for mobilizing microenterprise development (MED) expertise to join the public health community in combating HIV & AIDS. More and more, it is recognized that HIV & AIDS cause severe poverty, harshly affecting the already poor, and that poverty, in turn, slows down progress in responding to the disease. MED is a leading economic strengthening and development strategy to help the poor stabilize their income and assets and work their way out of poverty. To bring the power of MED to bear in an effective response to HIV & AIDS, public health and MED professionals need to understand how to partner in integrated programming. Together, these two sectors can fuel a positive spiral of economic security and wellness.

As with any project of this size and scope, a large number of people have contributed, in both large and small roles, to the completion of The SEEP Guidelines and deserve much credit and thanks. The lead authors are Laura van Vuuren, Mary McVay, and Lisa Parrot. Without their dedication of time and expertise, constant discussion and consultation, and commitment to writing the text, The SEEP Guidelines would not have materialized. We are in their debt.

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INTRODUCTION

The SEEP Guidelines for Microenterprise Development in HIV & AIDS-Impacted Communities: Supporting Economic Security and Health (“The SEEP Guidelines”) present strategies for cross-sector partnership between the microenterprise development (MED) and public health communities. They are designed to help practitioners, funders, and other stakeholders stimulate a positive spiral of economic security and well-being for people and communities affected by HIV & AIDS, reversing the current downward spiral of sickness and poverty common in HIV & AIDS impacted communities. The guidelines offer principles and strategies for an integrated response to the HIV & AIDS pandemic. They explore how to use microenterprise development to reduce poverty in the HIV & AIDS context and, as a result, to enhance positive public health outcomes. And, they explore why and how MED programs can be effective in communities impacted by HIV & AIDS. The guidelines are most useful for planning and partnership development, rather than practical implementation. Written by experienced microenterprise development practitioners with input from public health professionals, The SEEP Guidelines speak to three audiences (some sections repeat):

- Public health professionals (including psycho-social health professionals)
- Microenterprise development practitioners
- Policy Makers: donors, strategic planners, and advocates

The SEEP Network welcomes your input and participation, so look for opportunities throughout to comment and share your work in the integration of microeconomic development and AIDS.

The Problem

Low-income people affected by HIV & AIDS are often caught in a downward spiral of sickness and poverty. Poverty fuels the epidemic: limited access to health care and education, minimal economic options, and lack of sexual rights for women are all contributing factors to the vulnerability of poor people to HIV infection and the development of AIDS. The epidemic exacerbates poverty. The onset of AIDS can quickly render the poor destitute and can create poverty among working class people as income and assets are depleted with the cost of health care, the burden of caring for the sick, funeral expenses, and the enfolding of orphans by the extended family unit.¹

Grace’s Problem

Grace, a widow in her 40s living in Western Kenya, was recently diagnosed with HIV. She is more fortunate than some because she was tested and counseled, and received anti-retroviral drugs. Soon after her treatment began, she walked into her counselor’s office and threw the drugs on the floor. “These drugs are making me sick!” she said. “The doctor says to eat five meals a day and keep a balanced diet. Where is the food? Where is the money for this food when my own children are hungry?”

The Problem for the Fish Sector

In Western Kenya around Lake Victoria, a life-threatening practice has emerged. Low-income women who process and sell fish often run out of capital to purchase fish from fishermen and resort to trading sex for fish to keep their businesses going. The incidence of HIV in this area is around 25%. A microenterprise development program, with the goal of generating sustainable income and economic growth, targeted the fish sector as a key employer in the region, particularly for women. An analysis of the sector revealed that the sex-for-fish trade and HIV were critical constraints to growth and equity.*


At the macro-level, the negative spiral is reflected in the decline of local economies and the worsening of the epidemic. HIV & AIDS, unlike many illnesses, attack the most productive family members, depleting productive assets and leaving children and the elderly without key income sources. This results in reduced productivity, reduced investment, and market exit. As tax bases decline in the face of economic stagnation, health systems are even less well-equipped to confront the epidemic. The most promising developments in treating HIV & AIDS are threatened by poverty: if people cannot afford the necessary food required during treatment or transportation to health centers, even the best availability of life-saving anti-retroviral drugs will not help them, and the epidemic will march forward.

A Proposed Solution

Stopping the pandemic calls for a comprehensive approach, including an integrated package of health and economic support. Microenterprise development is a critical component to any economic development package targeting the poor. MED involves the sustainable delivery of services, such as access to financial services, technology, or markets that help very small businesses and farms stabilize and grow. Microenterprise development can be effective at the scale necessary to reach millions of affected families.

MED can help families and communities address the economic challenges of HIV & AIDS in several ways:

- MED helps families develop more profitable or diverse income sources to increase and stabilize family income.

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• Microfinance—savings, credit, insurance, and money transfer services—helps stabilize family cash flow to smooth consumption.
• MED helps families develop physical, human, financial, and social assets.

A Solution for Grace
The community-based organization supporting Grace gave her a grant to start selling vegetables in the market. They provided seeds and advice to help her plant beans, groundnuts, and greens, in addition to her maize. They helped her women’s group save and invest in making medicinal soap and cream to sell at the local hospital to HIV and AIDS patients. The income from the soap- and cream-making enterprise helps pay for some of the food the women eat when they come for their weekly gatherings. Several years after the “medicine throwing” incident, Grace is strong, takes her medication, and runs her farm and her business to feed herself and her family. She is a leader of the home-based care team that rescues other women in the same situation. As her business stabilizes, she is considering expanding it with a loan from her local microfinance institution.

(Experience shared by Vuilia Community-Based Organization in western Kenya)

A Solution for the Fish Processors
A market development program targeting the fish industry teamed up with two leading microfinance institutions to address the problem. They created several lending products and marketing services to support the public health and social behavior messages disseminated by the health community. These included:
• savings clubs for fish processors (some of whom are buying boats),
• one-day loans for fish processors to give them immediate options, and
• links between fish processors and exporters who pay a higher price for fish.
Coupled with newly available anti-retroviral therapy, these microenterprise development services are providing hope to Lake Victoria’s fishing communities.

(Experience shared by the Kenya Business Development Services program)

A more stable and increased income plus a strong asset base can help families and communities cope with typical challenges brought on by HIV & AIDS. MED can further help families:
• re-establish viable livelihoods, become self-sufficient, and recover from destitution;
• cope with the loss of an income earner by finding other sources of income;
• build financial safety nets to cushion the impact of HIV & AIDS;
• generate money to care for the sick and for orphans;
• generate increased income to support others who have become destitute; and
• improve their self esteem and status in the community as they become self-reliant or become leaders in supporting others.

It can also help community groups and social service agencies generate revenue to build stronger safety nets. In this manner, MED can contribute to stopping the downward spiral of sickness and poverty—at the family-, community-, and macro-levels. The rest of this book provides a more detailed description of this position.
Purpose of the Guidelines

Since the early 1990s, the public health sector has led the response to the growing HIV & AIDS pandemic. Public health programs focus on prevention, treatment, and care and support of people living with HIV & AIDS. In addition, public health teams help mobilize communities and offer support services to households made vulnerable by HIV. However, meeting the daily survival needs of those impacted by HIV & AIDS has become much more than a public health issue. The global pandemic of HIV & AIDS requires a concerted and collaborative effort—an “all hands on deck” response—to turn the tide.

The SEEP Guidelines call for and provide guidance for mobilizing microenterprise development expertise to join the public health community in combating HIV & AIDS. More and more, it is recognized that HIV & AIDS cause severe poverty, harshly affecting the already poor, and that poverty, in turn, slows down progress in responding to the disease. MED is a leading economic strengthening and development strategy to help the poor stabilize their income and assets and work their way out of poverty. To bring the power of MED to bear in an effective response to HIV & AIDS, public health and MED professionals need to understand how to partner in integrated programming. Together, these two sectors can fuel a positive spiral of economic security and wellness.

This book of the SEEP Network Guidelines for Microenterprise Development in HIV & AIDS-Impacted Communities: Supporting Economic Security and Health addresses critical questions for microenterprise professionals who want to use MED strategies more effectively to help people escape the poverty-sickness trap that fuels the AIDS pandemic.

Key Questions

- Why should microenterprise development practitioners pay attention to HIV & AIDS? (see section 2.1)
- What do microenterprise development practitioners need to know about HIV & AIDS? (see section 2.2)
- What kind of microenterprise development strategies work for HIV & AIDS impacted communities? (see section 2.3)
- How can microenterprise development programs be adapted to work in HIV & AIDS impacted communities? (see section 2.4)
- How can we facilitate cross-sector partnership? (see section 2.5)
- Where can I get technical resources for integrated programming and for microenterprise development in HIV & AIDS-impacted communities? (see section 2.6)
- Where can I get funding for holistic programming and for microenterprise development in HIV & AIDS-impacted communities? (see section 2.7)

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2 In The SEEP Guidelines, “public health” teams, professionals, and programs refer to a broad group of medical, psychological, social service, and community-organizing professionals and initiatives. The term is used to distinguish this group from microenterprise development practitioners and specialists.
• Is there a glossary of HIV & AIDS-related terms and descriptions of HIV & AIDS programs? (See appendix A)

Book 1 of *The SEEP Guidelines* addresses critical questions for public health professionals who want to use MED strategies more effectively to help people escape the poverty-sickness trap that fuels the AIDS pandemic.

Book 3 of *The SEEP Guidelines* addresses critical questions for policy makers—donors, strategic planners, and advocates—who seek to support more effective ways to help people escape the poverty-sickness trap that fuels the AIDS pandemic.
2.1 **Why Should Microenterprise Development Practitioners Pay Attention to HIV & AIDS?**

The SEEP Network proposes that microenterprise development programs work hand-in-hand with HIV & AIDS-prevention, -care, and -treatment initiatives at the community level. Why? HIV & AIDS have significant, negative impacts on economic development and poverty eradication efforts. In turn, poverty is fueling the epidemic and exacerbating the impact of HIV & AIDS. Poor people affected by HIV & AIDS need access to health care, along with a sustainable livelihood, to fuel a positive spiral of improved wellness and economic security. Income and savings become crucial as households struggle to build and protect their economic resources to mitigate the impact of HIV & AIDS. Engaging in business and gaining access to support services will assist in prevention, care, and treatment efforts undertaken by the health and social services sectors. Addressing the risk of HIV & AIDS to MED programs, results, and institutional sustainability can improve the success of MED programs in HIV & AIDS-impacted areas and contribute to controlling the epidemic. Best practices in both technical fields are perhaps best preserved through integrated programming. Without it, each field tends to attempt to ineffectually do the others’ work.

This section of *The SEEP Guidelines* provides a more detailed explanation of this position in order to help MED practitioners to understand better and make the case for integrated programming. It is divided into five sections:

- The Rationale for Integrated Programming—In Brief
- Reaching the Poor and Eradicating Poverty
- Macroeconomic Impacts
- Risk to Microfinance Institutions
- Risk to Enterprise Development Programs
- The Case for Integrated Services (Summary)

### 2.1.1 The Rationale for Integrated Programming—In Brief

How can paying attention to HIV & AIDS enhance the poverty eradication work of med programs? MED programs can be significantly affected by HIV & AIDS in high HIV-prevalent areas:

- The impact of HIV & AIDS is a key underlying cause of poverty in high prevalence areas.
- Markets and industries are significantly affected by reduced productivity and market exit of entrepreneurs and producers.
- Microfinance institutions are at risk of increased default, reduced outreach, and group disintegration.
Microenterprise development programs operating in high prevalence areas—particularly sub-Saharan Africa—can reduce their risks and enhance their impact by addressing the effect of HIV & AIDS. With integrated programming, they can:

- enhance outreach to the poor and have a more significant impact on poverty,
- improve economic growth outcomes, and
- minimize risk (for microfinance institutions).

The MED community has a critical role to play in stopping this epidemic, saving lives, and helping communities re-enter the path to global progress.

The rest of this section provides a more detailed description of how HIV & AIDS threaten MED-program operations and outcomes and illustrates the importance for MED practitioners to consider integrated programming as a mitigation strategy.

### 2.1.2 Reaching the Poor and Eradicating Poverty

This section describes the link between HIV & AIDS and poverty, and how integrated MED and public health programs can support economic security and health.

**Poverty and AIDS: A downward spiral.** The impact of the AIDS pandemic on the poor is intensified by a downward spiral of increasing sickness and poverty. HIV & AIDS can push economically secure households into poverty and poor households into destitution. The loss of income earners, medical expenses, funerals, and the enfolding of orphans drain household income and deplete savings and productive assets needed for survival. The predictable series of economic shocks that accompany HIV & AIDS put enormous economic stresses on affected families, making the slide from relative comfort and security to destitution and despair frighteningly fast.

As resources are used up, the stresses of illness and death and the uncertainty about the future can be overwhelming. Adding a further burden is the stigma surrounding the disease, making it

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more difficult for people living with HIV & AIDS, and even their families, to participate in the local economy. This discrimination can block even motivated families from opportunities to earn an income or ease the burden of care for their sick and orphaned family members.

The cumulative effect of these downward trends also has profound effects on future household security, as families invest less in education for their children and key skill sets of productive adults are lost and not passed from generation to generation. For example, family members who get sick or pass away may be the link between their farm or business and local markets. Remaining family members often do not have the social relationships to carry on selling or producing for these markets and, thus, these vulnerable people, in need of consistent income, exit the cash economy. In such situations, HIV & AIDS deepen poverty, leaving people even more prone to destitution and disease. Efforts to prevent HIV and provide care and treatment services to the poor are compromised by this deepening poverty.

**Prevention.** Poor people generally have less access to health care services and basic education and are less aware of how to prevent HIV infection and receive available treatment. Many seek long-term work outside their communities and are away from their spouses and family, which creates opportunities for multiple partners. Poor women are more vulnerable to sexual harassment and exploitation at work or in the marketplace and may have little control over sexual practices, both within and outside marriage. Financial pressures and power imbalances undermine prevention programs because, even when effective messages reach women, many are unable to apply them in practice.

**Testing and treatment.** Very poor people can seldom afford transportation to clinics and hospitals for testing, care, and the cost of treatment. They cannot afford food and essential nutrients required for effective treatment therapies. Extreme poverty threatens to erode recent breakthroughs in the availability of treatments.

**Care and support.** The care and support of people impacted by HIV & AIDS is provided first by households. Household members rely on wages, savings, and assets to provide a household safety net. This safety net is compromised when the primary income earner becomes sick or dies, and when other income is reduced due to time required to caring for sick family members. When crisis hits, households may sell off replaceable assets first, but eventually must sell productive and irreplaceable assets. This leads to destitution for surviving household members. The most vulnerable of these survivors are children and the elderly, who have extremely limited means of generating a livelihood. Children are often pulled out of school due to lack of fee money or the need for them to work on farms or as care-givers. This is psychologically damaging and severely limits their future income-earning potential. Often, if a parent dies, the transfer of their assets is not planned for and may not benefit the remaining family members. This is especially true in communities where women may not be able to inherit property, homes, and productive assets.

To prevent this decline or to support people who have become destitute, community safety nets are activated by extended families, neighbors, and community-based organizations. This safety net is comprised of economically secure households who provide homes and education for orphans, food, clothing, labor for orphan- and grandparent-headed households, child-care, home repair, and other goods and services to people in need. In high prevalence areas, the significant
burden of caring for the sick, for orphans, and the elderly is eroding these community safety nets. There are simply fewer economically-secure households that reach out beyond the family.4

Stigma, psychosocial dynamics, and economic pressure eat into household and community safety nets. For example, in many parts of Africa, widows are blamed for the death of their spouse and are “dis-inherited,” and the extended family lays claim to their land or business. In areas where groups of HIV-positive people come together to support one another, there is often little support forthcoming from the broader community. This can be due to the social stigma and to the high economic burden already borne by the economically secure. When household and community safety nets fail, people affected by HIV & AIDS fall into destitution unless they have access to external relief support. Relief is necessarily temporary and, because of the expense, limited in scale.5

Reversing the downward spiral of poverty and illness: The role of MED. As a leading global strategy for poverty reduction and economic strengthening, microenterprise development can play a crucial role in sustainably reversing this downward spiral of poverty and illness on a large scale. The vast majority of poor people earn their livelihood from microenterprises and small-scale farms. MED helps households and community-based groups establish, stabilize, and grow their microenterprises, and trains them to manage household financial flows. MED can contribute to more effective prevention, treatment, and care and support of people affected by HIV & AIDS.

- Prevention—MED can increase household income, protect household assets, and provide women and children with alternatives to seeking high-risk livelihoods. MED often

incorporates women’s empowerment as a goal and can help women gain more power and status in the market and the household to provide better control over sexual practices. Microfinance institutions, which reach thousands of clients, have been effective in delivering basic HIV & AIDS education—which has been responsible for increasing people’s willingness to be tested for HIV and breaking down stigma and discrimination. Economically stable households are better able to access and apply health information. When community-based organizations successfully run profitable microenterprises, they can generate funds to support community education efforts.

- **Treatment**—MED stabilizes household income and can help HIV-positive people or their household members identify and launch appropriate businesses that use less labor and more efficient and appropriate farming practices to produce a good mix of nutritious food and cash crops. Economically stable households can better afford transportation, appropriate food, and related medical services to treat opportunistic infections, etc. When community-based organizations run successful microenterprises, they can generate funds to support transportation, home-based care, supply of basic medications, etc.

- **Care and support**—MED can help households in crisis recover and develop household safety nets. MED offers access to assets, grants, savings, livestock, seeds and tools, etc., as well as training and market access to help families (re)start microenterprises and farms. For economically stable households that support orphans and other vulnerable people, MED develops income and assets, provides loans and insurance for emergencies, and strengthens microenterprises. MED also helps with succession planning to protect survivors’ assets and transfer knowledge and market linkages. At the community level, more economically secure households are better able to contribute to and provide a community safety net. MED also encourages community safety nets that build both social and financial assets through credit groups, emergency funds, producer associations, and assistance to existing support groups in pursuing income generating goals.

MED strives for significant scale and sustainable services, for example, by minimizing short-term, more expensive, and smaller-scale relief interventions. It helps meet the care and support needs of HIV & AIDS-impacted households by strengthening sustainable household and community safety nets, for larger numbers of people. Microenterprise development is a critical component to fueling a positive spiral of health and economic security.

2.1.3 **Macro-economic Impact**

HIV & AIDS are reversing years of forward progress in social and economic development. MED programs—MFIs and enterprise development—that support businesses operating in the context of the broader economy. As HIV & AIDS take a toll on economic growth, individual enterprises and specific markets are affected. The International Labor Organization (ILO) studied the actual impact of AIDS on gross domestic product between 1992 and 2002 in 50 countries that had different HIV-prevalence rates. The results showed that in the 41 countries where the economic impact of HIV & AIDS was measurable, the impact was to reduce economic growth by 14
percent over 15 years. Countries with a 20-percent infection rate experienced 2 percent lower annual growth due to AIDS. AIDS reduces economic growth by:

- weakening people of working age and undermining the human capital base;
- decreasing public revenues, and thus reducing the capacity of the public sector to support economic growth;
- diverting public and private resources to address the epidemic; and
- negatively impacting private sector growth because of reduced productivity, increased costs, reduced savings patterns, and reduced national investment.

These macroeconomic trends impact public sector support for businesses, private sector investment, and overall demand for products and services. They imply a more challenging context for specific MED programs and target enterprises. Specific risks for different kinds of programs are detailed below.

2.1.4 Risk to Microfinance Institutions

Microfinance institutions are increasingly paying attention to HIV & AIDS to minimize risk. The risks of HIV & AIDS can affect all aspect of MFIs.

**Impact.** When financial products are not adapted to families impacted by HIV & AIDS, clients who are unable to pay or to live up to savings requirements may lose access to services or may default on loans and lose their assets. This “failure” can have negative economic, social, and psychological impacts.

**Outreach.** As families use up assets to absorb the costs of HIV & AIDS, they are more risk averse and less willing or able to borrow. As they exit the cash economy, they have fewer and weaker businesses to support borrowing and less cash to save. Some MFI group members may begin discriminating against people who are HIV positive or families who are heavily impacted because the members do not want to take the risk of guaranteeing the affected person’s or family’s loan. *Altogether, this adds up to fewer clients for MFIs.*

**Repayment.** MFIs can experience lower repayment or higher default rates as families are impacted by health crises.

**Human resources.** MFIs can experience higher human resource costs as staff is affected. Staff may become sick more often, need to take more leave to care for families or attend funerals, and may die themselves. These trends can slow program expansion and/or increase MFI costs as MFIs hire and train more people.

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**Performance.** Overall performance in terms of sustainability can be significantly impacted by this lesser outreach, reduced repayment, and higher costs. MFIs can develop risk mitigation strategies to address these challenges. See Book 2, section 2.3, What Kind of MED Strategies Work for HIV & AIDS-Impacted Communities, for more details.

2.1.5 Risk to Enterprise Development Programs

HIV & AIDS also present a significant risk factor for enterprise development programs—programs that help people (re)start businesses and (re)enter markets, and that strengthen markets so that they generate more benefits for the poor.9 (For a definition of what we mean by “enterprise development programs,” see Book 1, section 1.1, What Is Microenterprise Development?)

**Impact.** As discussed above, HIV & AIDS can cause families to exit the market. Enterprise development programs are attempting to help families benefit from increased market engagement. Many enterprise development programs—particularly value chain development—facilitate and strengthen market relationships. HIV & AIDS have a negative impact on market relationships as key intermediaries and household members who have market relationships die, often without transferring their knowledge to others. Many enterprise development programs assume a target base of knowledgeable small-scale producers. HIV & AIDS affect the most productive and skilled household members, often leaving behind older or younger members with less literacy and productive capacity. HIV & AIDS pull in the opposite direction of enterprise development programs.

**Outreach.** Many enterprise development programs focus on strategies that require families to intensify financial and labor investments in new, riskier initiatives, but families impacted by HIV & AIDS are seeking ways to minimize labor and reduce risk. They may have less capital on hand to invest in new opportunities. Enterprise development programs may bypass families heavily impacted by HIV & AIDS in their drive to achieve increased outreach and production. Many enterprise development programs work with groups who may either be impacted by HIV & AIDS—i.e., have lost leaders or members—or may discriminate against people impacted by HIV & AIDS. This may cause efforts to achieve outreach to be more expensive and/or less effective at reaching poor households, especially those affected by HIV & AIDS.

**Human resources.** Enterprise development programs can be constrained by human resources challenges within their institutions and their key partners, such as trade associations, larger buyers or suppliers, or market traders. As HIV & AIDS take their toll on individuals and their families, key personnel are lost or are more often absent, and health care costs rise.

**Performance.** Mitigating the risk of reduced impact, reduced outreach, and constrained human resources can increase costs, thus threatening overall program performance.

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Enterprise development programs can develop risk mitigation strategies to address these challenges. See Book 2, section 2.3, What Kind of MED Strategies Work for HIV & AIDS-Impacted Communities for more details.

2.1.6 The Case for Integrated Services

Households, communities, institutions and programs benefit most from integrated programming. Microenterprise development is already playing a crucial part in mitigating and ending the HIV & AIDS epidemic. (see Book 1, section 1.1, What Is Microenterprise Development?) The SEEP Guidelines advocate more intentional integrated-programming approaches that help people and communities affected by HIV & AIDS access MED services. This requires the public health and MED communities to talk with each other and find effective ways to work together. The fundamental challenge to project designers and policy makers should be to develop coordinated, multi-sector interventions that make a difference over the long haul, at a scale that approaches the magnitude of the pandemic.

Awareness and understanding of one another’s operating principles need to precede partnership and collaboration. MED is a specialized technical field that attempts to change operating systems and markets. Poorly programmed initiatives that do not follow best practices can undermine MED initiatives that could otherwise benefit HIV & AIDS-impacted communities. MED programming, if not coordinated with AIDS support organizations (ASOs), could miss opportunities to serve HIV & AIDS-affected populations effectively. MED programs that ignore the fact of HIV & AIDS risk poor performance due to the impact on clients and markets. Poorly programmed HIV messages disseminated by MFIs and MED programs run the risk of stimulating discrimination against HIV-positive people. Together, public health and MED professionals can enhance each other’s outcomes, leverage resources, and have a significantly higher impact in communities.

In an effort to promote healthy collaboration and field focused strategic partnerships, The SEEP Guidelines strive to help each sector understand one another’s operational realities and programming potentials and, most importantly, to identify common ground—what is most commonly reflected in those they seek to serve and assist. Further exploration will illustrate how to provide integrated programming through partnership and collaboration, with each organization, institution, and professional specialist focusing on its area of expertise for maximum effectiveness.
2.2 WHAT DO MICROENTERPRISE DEVELOPMENT PRACTITIONERS NEED TO KNOW ABOUT HIV & AIDS?

For healthy collaboration, it is important for each sector to understand one another’s operational realities and programming potentials while acknowledging the desired outcomes for each sector. Comprehending one another’s “language” also helps foster communication. This section offers an overview of the AIDS crisis, describes types of AIDS programming, and addresses cross-cutting themes considered in programming. Annex A, HIV & AIDS Terms and Acronyms, provides definitions of commonly used terms and acronyms used in AIDS literature.

2.2.1 The AIDS Pandemic: Origins, Impact, and Trends

Since the first mysterious case of this virus was discovered in 1984, the spread of the human immunodeficiency virus (HIV)—which eventually leads to its advanced stage, acquired immuno-deficiency syndrome (AIDS)—has become a global health emergency. This pandemic not only impacts those infected by the virus but breaches the political, economic, and social sectors of society. AIDS is the leading cause of death worldwide for people aged 15–49. The
global scale of this tragedy has the potential to threaten the well-being of entire societies, leaving children without parents and stealing the most productive stages of people’s lives.\textsuperscript{10}

The implications of HIV & AIDS have touched the entire world. According to UNAIDS,\textsuperscript{11} in 2007 there were 33.2 million people living with HIV & AIDS globally. Nearly 70 percent, or 22.5 million, of these cases are in sub-Saharan Africa. Of the 2.5 million new cases in 2007, 420,000 of them were children under the age of 15. Nearly 6000 people die every day from AIDS, most of them (76 percent) in sub-Saharan Africa.\textsuperscript{12} (For more information and annual updates, see www.unaids.org.)

\subsection*{2.2.2 How AIDS Develops}

HIV, the virus that causes AIDS, is spread in three ways:

- \textit{Sexual transmission}—Contact with infected bodily fluids (semen, vaginal secretions, and blood) through sex. Sexual transmission accounts for the vast majority of cases.
- \textit{Blood-to-blood}—Direct contact with contaminated blood via dirty needles and open wounds, contaminated blood products, and transplanted organs
- \textit{Mother-to-child transmission}—Transfer from an infected mother to her child during pregnancy, the birth process, and breast feeding.

After a person is infected with HIV, over time, the virus replicates and begins to weaken the immune system. Eventually, this person may develop AIDS, a group of opportunistic diseases caused by the weakened state of the immune system. People may feel healthy for long periods of time when infected with HIV. However, it is a matter of time before the person develops the diseases that characterize AIDS. The amount of time it takes to develop AIDS depends on many factors, including the person’s ability to live a healthy lifestyle, medical care, and whether or not the person takes anti-retroviral medications.

\subsection*{2.2.3 Regional Characteristics of the AIDS Epidemic}

Different areas of the world face different types of epidemics.\textsuperscript{13} HIV trends, distribution of cases, prevalence, and transmission patterns vary significantly around the globe. The following shows some basic trends to provide a broad picture of regional differences.

\textbf{Prevalence.} The prevalence of HIV is highest (5 percent) in sub-Saharan Africa.

\textbf{Distribution.} Sub-Saharan Africa is also home to the greatest number of people living with HIV & AIDS (PLWHA), 68 percent. India is also disproportionately impacted: 60 percent of all Asian cases occur there.

\textsuperscript{10} UNAIDS, \textit{UNAIDS AIDS Epidemic Update} (Geneva: UNAIDS, 2007),

\textsuperscript{11} In 2007, due to advances in the methodology of estimations of HIV epidemics, UNAIDS’ epidemic update showed substantial changes in the estimates of numbers of persons living with HIV worldwide, changing from 39.5 million in 2006 to 33.2 in 200. However, this does not reflect a dramatic reduction in new cases, and the qualitative interpretation of the severity and implications of the pandemic has altered little.


\textsuperscript{13} Ibid.
Transmission

- In sub-Saharan Africa, most HIV transmission occurs primarily through heterosexual intercourse. Children are often infected through mother-to-child transmission.
- In Russia, there is a growing rate of infection secondary to intravenous drug use. This is compounded by a large population of commercial sex workers, many of whom work for drugs or for money for drugs.
- In Southeast Asia, the epidemic is concentrated in the population of commercial sex workers, their clients, and their partners.
- As a large and diverse region, South Asia has a complex, heterogeneous HIV epidemic, with considerable variation within and between countries.

For more information and annual updates, see http://www.unaids.org/en/.

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<th>Adult Prevalence Rates 2007</th>
<th>Distribution of People Living with HIV &amp; AIDS (PSLWHA), 2007</th>
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<td>Millions</td>
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<tr>
<td>Sub-Saharan Africa</td>
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<td>Middle East and North Africa</td>
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<td>South and South-East Asia</td>
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Prevalence of infection worldwide: 0.08%

2.2.4 What Fuels the Transmission of HIV?

HIV is spread most often through unprotected sex with an infected partner. Risk behaviors include:

- men having sex with men,
- having sex without using a condom,
- having multiple sexual partners, and
- early sexual debut (especially girls).

Heterosexual intercourse is the most common mode of HIV transmission in most resource-poor countries and where the pandemic is firmly rooted in the general population. A complex set of
variables and socioeconomic and cultural contexts increases HIV transmission in poorer populations:

- A high percentage of migrant laborers, separation of marital partners for long periods of time, increased incidence of multiple sexual partners
- Low literacy and lack of education regarding HIV transmission and prevention
- Presence of sexually transmitted infections (STIs) and poor access to STI treatment
- Social vulnerability and exploitation of women and young people
- Economic and political instability of the community
- Gender inequities and gender-based violence
- High unemployment and hopelessness, and few recreational diversions leading to alcohol abuse
- Lack of knowledge of one’s HIV status

2.2.5 Common Types of HIV & AIDS Programming

Most responses to HIV & AIDS generally fall into these broad categories—prevention, care and support, and treatment. Programs addressing the epidemic are often integrated or holistic.

**Testing.** Knowing one’s status is essential for prevention and necessary to determine treatment options. HIV testing is performed in a clinical and laboratory setting and also includes pre- and post-test counseling. Community-based support mechanisms are also part of the post-testing process.

**Prevention.** Providing drug therapies to pregnant women to prevent transmission of the virus to their children and helping teens and adults develop life skills that reduce premarital or extramarital sexual relations are both examples of HIV-transmission prevention.

- **Behavior-based prevention:** *The ABCs of HIV prevention*—Most HIV-prevention programs are behavior based and target one or more aspects of the “ABC” strategy: “abstain, be faithful, or use a condom consistently.” Abstaining refers to the delay of sexual intercourse until entering a committed relationship. Being faithful refers to two people already in a committed relationship who agree to refrain from sex with anyone else. Condom use refers to consistent and correct usage for those who engage in sexual intercourse with a partner(s) of unknown HIV status.

The ABC approach was popularized in Uganda and is widely accepted as a comprehensive approach to the HIV pandemic. While there is some debate in academic circles over which component of ABC is most cost-effective, most acknowledge the importance of a comprehensive approach to prevention. The overall goal of prevention programs is to prevent the spread of HIV; some programs target specific at-risk populations in an attempt to reduce the risk of transmission, whereas others focus on more general target populations.

- **Prevention of mother-to-child transmission (PMTCT)**—Pregnant women who are HIV positive can pass HIV on to their children during the pregnancy, during labor, and through breastfeeding. Drug therapies continue to evolve and protocols change, but drugs are available that can greatly reduce the risk of transmission of the virus from a mother to her
child if given during pregnancy and at the onset of labor. Drugs to prevent pneumonia in the newborn are also given to the baby just after birth.

At its best, PMTCT programming is holistic and includes not only a treatment component for the mother and her family (sometimes referred to as PMTCT-Plus), but where possible, it also includes nutritional counseling, ante-natal care, and social support services. Breast-feeding poses the least transmission risk from mother to child and is recommended in resource-poor areas, but where hygienic bottle feeding if feasible, it is recommended to reduce the risk of transmission.

With the increased availability of anti-retroviral therapy (ART), many programs now treat pregnant women with ART, if they are medically and individually ready for therapy. These efforts not only help protect the unborn child, but provide the chance for the mother to live a fuller, healthier life and give her the chance to raise her child.

**Treatment**

- **Anti-retroviral therapy**—Anti-retroviral therapy is one of the more recent programs to be implemented, largely due to commitments from the Global Fund and through PEPFAR.\(^\text{14}\) Today, most of the hardest hit countries in sub-Saharan Africa have ART programs supported by ministries of health and international NGOs. The overall goal of most ART programs is to achieve durable viral suppression in order for patients to live a full life and to help raise and support their families.

ART, also referred to as HAART, or highly active ART, is a combination of anti-retroviral medicines that are used to suppress the virus. If taken correctly, these medicines can lead to durable viral suppression, enabling the person to lead a natural life. If the virus develops resistance to the medicines, then alternative regimens must be used to suppress the virus. Many treatment programs set criteria for individuals to access ART. The medications are generally offered for free or at reduced costs in the developing world. Challenges to effective ART programs are the cost of transportation to health centers to pick up anti-retroviral medications and continued adherence to ART regimes. Many people discontinue their anti-retroviral drugs when their health improves and they begin to feel better.

- **Treatment of opportunistic infections**—People with advanced HIV disease are vulnerable to infections and malignancies that are called “opportunistic infections” because they take advantage of the opportunity offered by one’s weakened immune system.

Different conditions typically occur at different stages of HIV infection. In the early stages of HIV, people can develop tuberculosis, malaria, bacterial pneumonia, herpes zoster, staphylococcal skin infections, and septicemia. These are diseases that people with normal immune systems can also get, but with HIV they occur at a much higher rate. It also takes longer for a person with HIV to recover than it takes for someone with a healthy immune system.

When the immune system is very weak due to advanced HIV disease or AIDS, opportunistic infections such as pneumocystis pneumonia, toxoplasmosis, and cryptococcosis develop. Some infections can spread to a number of different organs, which is known as

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“disseminated” or “systemic” disease. Many of the opportunistic infections that occur at this late stage can be fatal.

Several HIV-related infections (including tuberculosis, bacterial pneumonia, malaria, septicemia, and pneumocystis pneumonia) can be prevented using drugs, known as drug prophylaxis. One particular drug called cotrimoxazole (also known as Septra or Bactrim) is effective in preventing a number of opportunistic infections. This drug is both cheap and widely available.

**Care and support.** Care of people living with HIV & AIDS includes both drug and nutrition therapies to prevent opportunistic infections and build the immune system, as well as the provision of compassionate home-based nursing and hospice-type care.

- **Orphans and vulnerable children (OVC)** — OVC programs seek to strengthen the means and ability of families to cope with problems brought on by HIV & AIDS, and often provide direct support to children. Orphans in the context of HIV are defined as children who have lost one or both parents to AIDS, whereas vulnerable children are those at risk of losing one or both parents to AIDS. OVC programs have a wide array of approaches, such as attempting to (re)enroll children in school, training them in vocational and life skills, providing food directly, offering counseling and other psychosocial support, advocating for children’s rights, and working with communities to help provide for these children. Some of these children may be HIV positive, so programs also attempt to identify them to provide counseling and testing for HIV, and if necessary enroll them in a treatment program.

- **Home-based and palliative care programs** — Home-based care (HBC) programs offer support to people living with HIV who are nearing the end stage of the disease and suffering from many of the opportunistic infections that prey upon weakened immune systems. Home-based care is often preferred in many areas due to cultural beliefs and the stigma attached to HIV. Home-based care helps meet the needs of the patient, family, and community, which is essential in order to optimize the well being of those affected.

  HBC programs may be run out of a hospice or through the community, where community volunteers (also referred to as community health workers) visit patients in their homes. These workers will often bathe, change, and sometimes even provide food to the very sick. The sick are also often given pastoral and other psychosocial support. HBC programs also provide instruction and support to families in order to promote sustainability and provide comfort to the patient. The overall goal of these programs is to help provide holistic care to people living with HIV. Additionally, by involving the community in a patient’s care, the stigma associated with HIV may be lessened.

  Palliative care programs are similar to home-based care, with the exception that they also address pain and symptom management. Palliative care programs, when managed through hospital facilities, work to manage pain, and treat opportunistic infections and/or provide drug prophylaxis for them. This requires an additional level of medical knowledge that may not be available with community volunteers.

- **HIV counseling and testing (HCT) or voluntary counseling and testing (VCT)** — With HCT, a blood or saliva test is used to determine a person’s HIV status. It usually involves both pre-test and post-test sessions, where the test results are shared and clients are counseled about prevention or treatment, depending on their test results. Most testing sites use a rapid-test
system, requiring simple equipment, while the client waits for the results. If the test is positive, subsequent tests are performed until two tests from the same sample are either positive or negative. Receiving the results of an HIV test can be extremely emotional and the client may feel very vulnerable and afraid. A sensitive and caring environment where the client feels safe helps reduce fear and reluctance to be tested. Confidentiality is essential due to the stigma surrounding HIV.

Many HIV & AIDS programs work with volunteers and young people to encourage testing to “know your status.” Recently, some countries and health care facilities have started promoting “opt-out” testing, where people seeking medical care at a health facility are routinely screened for HIV in high prevalence areas, unless they “opt out.” Part of the underlying motivation for this approach is to destigmatize HIV, so that it is regarded like any other disease. Voluntary counseling and testing (VCT) is considered to be an “opt-in” program because the person voluntarily takes the initiative.

2.2.6 Cross-Cutting Themes in HIV & AIDS Programming

Many HIV & AIDS programs seek to address some common social challenges that facilitate HIV transmission and/or exacerbate the impact of HIV & AIDS.

**Stigma.** Stigma and discrimination seriously undermine efforts to fight HIV & AIDS, posing challenges to achieving universal access to HIV prevention, treatment, care, and support. Stigma also marginalizes people at risk and living with the disease, contributing further to their social isolation and rejection. Programming efforts often focus on changing attitudes and practices at the community level and reducing fear about disclosing one’s HIV status.

**Gender in equity and gender-based violence.** The low status of women can increase the risk of HIV infection due to their inability to negotiate safe sex or ensure the HIV-negative status of their partners.

- **Sex as a marital obligation**—Married women experience immense social and cultural pressure to have sex with their husbands. Women who are married may be at a greater risk of HIV infection than women who are single due to the fact that they often must have unprotected sex with their husband.
- **Inability to negotiate condom use**—Many women in resource-poor countries are afraid to raise the subject of condom protection for fear of retribution. Husbands often beat their wives because they suspect their wives of having extramarital affairs if they propose condom use or the men are defensive about being accused of adultery themselves. Violence is a common response when women suggest condom use.
- **Diminished reproductive rights**—Many women are forced into intercourse as a result of the husband’s desire to have a child or the influence of cultural norms and expectations.
- **Rape:** Sexual intercourse is forced on vulnerable women (primarily) by strangers, acquaintances, boyfriends, spouses, and soldiers or other combatants in times of crisis. The failure to effectively criminalize rape and protect women and young girls in time of crisis facilitates transmission.
Many HIV & AIDS-prevention, -care, -support and -treatment programs include a component promoting gender equity. Activities include education of women about their rights, education of youth and men on gender equity and gender issues, and economic strengthening programs for women and girls.\(^\text{15}\)

**Conflict.** Conflict also increases vulnerability to HIV by dislocating communities, creating flows of refugees and internally displaced persons, and seriously disrupting family life. Conflict also brings soldiers and fighters into contact with civilians in situations where women and young girls and boys are highly vulnerable to sexual violence and sexual exploitation. The breakdown of basic services and psychosocial stress compounds the situation. HIV & AIDS guidance suggests integrating an HIV & AIDS response component to disaster response efforts.

**Poverty.** Factors surrounding poverty can make poor people more vulnerable to HIV exposure and the development of AIDS. Many poor people seek long-term work outside their communities away from their spouses and family. This increases the likelihood of extramarital relations. Poor women are vulnerable to sexual harassment and exploitation at work or in the marketplace, and/or may have little control over sexual practices, both within and outside of marriage. Because of limited access to health care, the poor are less able to access appropriate testing, counseling, and medical care, which leads to the development of AIDS and the further spread of HIV. Many AIDS prevention programs seek to reduce economic vulnerability through “economic strengthening” or MED programs. This challenge and these programs are the main focus of *The SEEP Guidelines*.

For answers to Frequently Asked Questions, see Annex C. For a list of HIV & AIDS Terms and Acronyms, see Annex A.

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\(^{15}\) Also see the Promising Practices Series, Intervention with Microfinance for AIDS and Gender Equity—IMAGE (Washington, DC: SEEP Network, Small Enterprise Foundation [SEF], and Rural AIDS and Development Action Research Programme [RADAR]), http://communities.seepnetwork.org/hamed/node/29.
2.3 WHAT KIND OF MICROENTERPRISE DEVELOPMENT STRATEGIES WORK FOR HIV & AIDS-IMPACTED COMMUNITIES?

Microenterprise development (MED) is a crucial element of a holistic approach to HIV & AIDS prevention and mitigation. MED presents opportunities to prevent people from falling into destitution and to establish a secure livelihood and the potential to create a strong community safety net for the most vulnerable. By addressing HIV & AIDS issues in its initiatives and institutions, MED programs can be more effective in those communities and markets impacted by HIV & AIDS. The MED strategies that work in HIV & AIDS-affected communities are the same strategies that work for poverty eradication in general, with adaptations for the impact of HIV. HIV-affected people span the income spectrum, and the way the crisis affects communities also varies depending on the stage of the epidemic—localized or generalized; low-, mid-, or high-prevalence; and whether households are in crisis or recovery stages.

What is microenterprise development (MED)?

Microenterprise development consists of two overlapping development activities: helping people start and run very small businesses and farms, and helping people access financial services. Together these two activities provide people with the capacity to manage crises and work their way out of poverty. Different donors and practitioners use different terms. The SEEP Guidelines refer to the following:

- **Enterprise development**: Helping people establish and expand microenterprises through access to markets for inputs, for their products, and for business services such as training, information, technology or transportation; helping microenterprises enter, remain in and benefit more from market participation.
- **Microfinance**: Financial services such as lending, savings, insurance and money transfer, designed for the needs of low-income populations.

For a more details, see Book 1, section 1.3, What Is Microenterprise Development?

* Also referred to as business development services, market development, and making markets work for the poor.

2.3.1 Specific Challenges Posed by HIV & AIDS and MED Program Implications

There are several critical challenges to MED for HIV & AIDS-affected populations and communities. Understanding these challenges helps to design programs to overcome them.

**Rapidly changing circumstances.** People affected by HIV & AIDS can rapidly shift from economic security to destitution. With access to anti-retroviral therapies increasing, many people can recover from debilitating circumstances and once again participate actively in income generation.

**Implication**—Provide access to a range of MED services appropriate for different circumstances (such as disaster preparation and asset protection) through insurance, resources, or savings services to help businesses (re)start and facilitate rapid recovery, provide services for business growth, and encourage diversification to achieve economic security.
Loss of skilled income earners. When HIV & AIDS claim the lives of trained and experienced adults, their families, local communities, and youth lose knowledge and skills.

Implication—Incorporate knowledge transfer, apprenticeships, mentorship, and skills development into MED programs.

Labor shortages and unemployment. Some families experience labor shortages due to loss or reduction in energy levels of adults, and/or the burden of caring for the sick or for orphans. At the same time, large numbers of young people have missed the opportunity for education and are now above school age, unskilled, and often responsible for caring for siblings or grandparents.

Implication—Look for labor-saving techniques to avoid or decrease unpaid labor and promote strategies to create employment opportunities for youth (i.e., social marketing, food-for-work, apprenticeships, etc.)

Stigma. Stigma can present barriers for HIV-positive people or their affected families. They can be excluded from group-based financial services and business or farming associations. People known to be HIV-positive may face difficulties in running a business in communities where stigma is high and there is reticence to buy goods or services from people who are HIV positive.

Implication—Integrate HIV & AIDS education into MED programs to reduce stigma and target according to economic circumstance, rather than HIV status. For groups that are already socially marginalized or isolated, devise appropriate strategies for their economic circumstance and/or serve them separately.

Health challenges for PLWHA. People living with HIV & AIDS can lead productive lives with drug treatment. However, their HIV status may require extra attention and resources to ensure a balanced diet, adequate sleep, access to regular health care, support for psychosocial and emotional well-being, attention during periods of illness, and times of lower energy.

Implication—Agricultural strategies should address the need for people to grow nutritious food (beans, groundnuts, etc.). Value chain programs might consider devising products that serve HIV-positive customers, such as nutritional flour mixes, nutritional crops, soaps and creams for the skin, etc.; pro-actively stimulating and supporting emergency funds and insurance; identifying or counseling clients to identify businesses with low labor demands; investing in labor saving technologies and/or finding employees who can take up the labor burden; encouraging flexibility about meeting attendance in case of illness or emergency.

Gender discrimination. Women in many cultures are more heavily impacted by HIV & AIDS. For example, in most parts of Africa, widows may be blamed for their husbands’ deaths from AIDS, are not able to inherit their husband’s land or business, and may be cast out from the family and made homeless. Young women and teen girls may be especially vulnerable to sexual exploitation by older men offering money in exchange for sex. Destitute or very poor women may engage in transactional sex or be especially vulnerable to sexual harassment in the market or workplace.

Implication—Conduct gender analysis of potential MED initiatives and create a gender action plan to ensure gender equity and promote women’s empowerment; consider women-targeted programming with attention to the needs of mothers with small children (such as ensuring that children are safe when mothers are engaged in business or group meetings); incorporate or separately target young women with appropriate services; coordinate MED programs with social services (family intervention counseling, HIV & AIDS awareness) and legal rights initiatives; and integrate succession planning and/or legal assistance into programs.
**Pressure on community safety nets.** In most developing countries, where government social services are not able to care for the most vulnerable, extended family and community members provide a “community safety net.” This can provide food and labor, money for medical expenses and school fees, and care of orphans within their extended family. In areas of high HIV prevalence, this system is strained to the breaking point.

*Implication*—Pro-actively support emergency funds and charity funds as part of MED programming. This is not to say that MED programs should manage emergency funds. Rather, they should explore building the capacity of clients to manage their own emergency funds.

### 2.3.2 SEEP MED Model for Poverty Eradication

The United Nations established a Millennium Development Goal to reduce by half the number of people living in extreme poverty by the year 2015.\(^{16}\) Muhammad Yunus, a global leader in microenterprise development and a Nobel Peace Prize Laureate, puts forward a vision for eliminating poverty from the real world and putting poverty into the museums of the future, where our children will go and be shocked by the abhorrent conditions we tolerated.\(^{17}\) At its 20-year anniversary, The SEEP Network adopted its own 20/20 vision statement, “Poor No More.” There is a global movement to eradicate poverty, which is a significant challenge. The SEEP MED Model proposes how MED can play a more significant role—alongside many other initiatives on both micro- and macro-levels—in eradicating poverty.

This MED model for poverty eradication is adapted to address the impacts of HIV & AIDS (see SEEP MED Model, p. 27). It is based on practical experience, but is not “proven.” Rather, it is an aggregation of practitioner lessons learned and represents the approach SEEP suggests that practitioners apply. It is evolving, and SEEP invites you to share your opinions and experiences.

### 2.3.3 The Limitations of Narrow MED Programming

MED work is limited by its narrow focus in two ways. First, MED programs tend to operate in isolation, outside other programs, such as public health initiatives. However, communities impacted by HIV & AIDS have significant need for other development services. Second, MED programs tend to be specialized in order to achieve high quality and scale in specific service areas or markets. MED responses are isolated due to the outreach or institutional parameters of the supplier—the microfinance institution or the enterprise development program, for example. This leaves gaps in service between what is needed by the household and the interventions offered.

\(^{16}\) UN Millennium Development Goals, website, “Goal 1,” http://www.un.org/millenniumgoals/#.

As MED practitioners try to find ways of reaching and serving the very poor, they tend to look at the problem from a supply point of view—how can they get their services to the very poor? HIV & AIDS-response practitioners tend to do the same—asking MFIs and MED programs to serve their clients (generally the most poor and vulnerable people). However, there is often a mismatch between client needs and service availability.

Defining Poverty Strata

The global community is in the process of defining poverty strata. The global standard of individuals living on US $1 and $2 per day is very popular and simplified systems are emerging to facilitate measurement. Most practitioners recognize that there are multiple dimensions to poverty. For example, on average, a household may earn more than $1 per day per person, but some women in the household may not have access to their “share,” either in terms of cash or consumable goods and services. Some women live well physically, but are not mobile or able to own property, and do not control their work or sexual lives. In this document, we use the following working definitions:

- **Destitute**—Those unable to earn a living, whether temporarily, short- or long-term, or permanently. For example, this could be a household headed by a grandmother, who is aging and unable to perform regular income-generating activities and whose oldest grandchild is only ten. It could also be a working-class family whose home and business were destroyed in a hurricane and who have no savings.

- **Very poor**—Individuals in a household living on less than $1 per day, 50% below the national poverty line (or some proxy indicator for this measure). Targeted individuals may or may not have an economic activity, but if they do, it is very weak or young. Sometimes they are engaged in subsistence farming or have low paid employment. Returns to labor are low.

- **Poor**—Individuals in a household living on less than $2 per day (but more than $1), living below the poverty line, but not more than 50% below the poverty line (or some other proxy for this indicator). Targeted individuals often actively run a business or some kind of commercial farming. They may be starting a new business (their spouse may have a job or viable business) or they may be recently unemployed. They may be subjected to monopolistic or sexist market conditions, exploitative money lenders, or they may have low social autonomy or status within the household.

- **Near poor**—No quantitative definition yet, but this refers to people living near the poverty line—perhaps only up to 50% above the poverty line—and vulnerable to falling back into poverty. This group has a viable business and/or commercial farm and some assets or savings to turn to in case of emergency. They have limited choices in their work and social lives.

- **Economically secure**—the goal. This refers to families living well above the poverty line, who are not in danger of becoming poor unless hit by a very significant crisis. They are, in fact, prepared for crises with insurance, savings, other assets, and an action plan. They have a regular income, their children are in school, and they are able to assist less fortunate relatives and neighbors. They have economic and social autonomy and choices.

To address these challenges, practitioners need to look more at demand: what do the poor and very poor need? What do people living with and affected by HIV at different poverty levels need? What services can prevent households from falling into poverty, and what can help the destitute and very poor who are dealing with HIV to work their way back to a more secure economic position?
2.3.4 A Proposed Solution

The SEEP Network proposes a more holistic and coordinated approach to poverty eradication, particularly for people affected by HIV & AIDS. The model here considers what people need to work their way out of poverty on a sustainable basis. It suggests a staircase of economic strengthening and MED services appropriate for people experiencing different levels of poverty, and notes which institutions might provide those services. The model is fundamentally based on the principle that different strategies or tools are appropriate for different populations and require specialized skill sets to deliver them. Therefore, strategies should be well-matched to target
populations and delivered by institutions or specialists who know how to implement them or use the tools.

The foundation of the framework is holistic programming that will support a strong livelihood security response to HIV & AIDS-affected households. The circle at the bottom of the SEEP MED model represents this foundation.\(^\text{18}\) The staircase represents the different tiers of MED services. The boxes to the left of the staircase represent the economic strata and vulnerability of target populations. The boxes on the right of the staircase represent the institutions typically appropriate for delivering these services. Economic security and a strong community safety net is the goal at the top of the model.

This model is intended to depict dynamic movement of people up and down economic strata, as well as the requirement for a diversity of services to:

- support people’s transition from less vulnerable to more secure, and
- prevent significant slide from more secure to more vulnerable.

As each person benefits from the tool appropriate for them, as they move from poverty to greater economic security, they are then positioned to benefit from the next tool to move further and more sustainably out of poverty. Conversely, if individuals experience a crisis and extreme reduction in income or assets, they may need a different set of tools to prevent further slide into extreme poverty and to quickly recover. It is assumed that people need a similar ladder of services in other sectors—housing, water and sanitation, health, education, environmental protection, etc.

### 2.3.5 Core Principles

1) **The goal is household economic security and a strong community safety net.**

   While each program may define economic security differently, here we specifically mean increased and more stable income; increased productive and non-productive assets; and increased autonomy and power in households, communities, and markets. Economic-strengthening and MED programs can and should contribute to a stronger community safety net. The community safety net refers to the capacity for social groups—the extended family, community-base organizations (CBOs), and NGOs—to provide sustainable relief to the destitute and emergency assistance to families in crisis so that they do not become destitute.

2) **A holistic response (through partnership) is required.**

   Microenterprise development should occur in the context of a broader development initiative that will help people address their multiple resource limitations and build on their existing asset base. Everyone needs access to basic health and human services. MED programs can work with partners to assess and ensure that their target clients have access to the wide range

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\(^{18}\) This information refers to livelihood security frameworks, such as DFID’s *Sustainable Livelihoods Guidance Sheets*, found on the Livelihoods Connect website, “Guidance Sheets,” [http://www.livelihoods.org/info/info_guidancesheets.html](http://www.livelihoods.org/info/info_guidancesheets.html).
of services they need. For example, in high HIV-prevalent areas, MED programs could partner with health organizations to ensure that people have access to appropriate health, education and social services to address HIV & AIDS.

3) **Customize dynamic solutions.**

People enter the staircase to economic security where it is appropriate for them and work their way up, building stronger livelihoods strategies along the way:

- The destitute may need relief to regain their health, property rights, and/or secure housing before they start to think about earning a living.
- The very poor might focus on market (re)entry strategies and asset transfers or savings to (re)start a business. They may start to develop emergency funds for future crisis.
- Poor people with more business experience and resources may be ready to borrow small amounts to increase their business volume, access local markets, and to absorb and use business services. They may be able to increase their emergency funds and diversify their livelihoods strategies further.
- People who are just above the poverty line may be more able to save and borrow larger amounts, access a wider range of insurance, reach high value more distant markets, and purchase commercial business services.
- If economic shocks occur (severe illness, death of an income earner, entrance of orphans in the household, etc.), people should be able to access lower-tier services in order to work their way back up the income ladder.

4) **Partnership is key.**

Although some larger organizations may be equipped to provide holistic services, the broader development and different MED services can also be provided through partnerships. Microfinance services in particular are best provided by microfinance institutions. Commercial business services are best provided by other businesses supported by professional microenterprise development programs. Grant-based services and basic training might be best delivered by NGOs and CBOs, trained or staffed by MED specialists.

Public health organizations can use this tool to help identify an appropriate strategy for their goals and clients, to identify appropriate roles for themselves and their NGO/CBO partners, and to identify when they should hire or seek partnerships with MED specialists and MFIs. MFIs and MED programs can use this tool to locate their services in the framework, and then seek partnerships to ensure that the communities they serve have access to a wider range of MED and development services.

5) **All services should be tailored and demand-driven, but need not be targeted to one group exclusively.**

At all levels, services should be adapted to the specific capacities and vulnerabilities of the target population and should be demand-driven.\footnote{Two key elements of demand include some financial pressure on providers (often participant fees or labor contributions) and a choice of services, rather than having some services required in order to access others.} Clients at various levels of poverty will
have different needs for MED services based on their livelihoods strategies and experience. Conducting effective market research prior to initiating activities is crucial to assessing the need for specific services, the availability of potential partners, and the viability of sustaining them. Services should be targeted at people based on their poverty level and economic capacity, rather than their HIV status. Instead of targeting HIV-positive individuals directly, programs can adapt their services to ensure that they are open to HIV-affected households and have the flexibility required when confronting issues of HIV. In high HIV-prevalent areas, programs should be sure to spread services among the most vulnerable and stronger households who provide a community safety net.

6) **Ensure that a range of services is available.**

It is rare that one program would attempt to offer all these services. Most programs will focus on a specific tier and work toward helping them move to the next tier. Or, they might provide services that are primarily targeted at one group, but benefit a mixed income group. The challenge put forth by this framework is for MED programs to pro-actively ensure that the other services in the model are available to the communities they serve, usually through partnerships. For example, MFIs might partner with other organizations that will serve the very poor and prepare them to graduate to mainstream MFI services. Value-chain development programs may not be able to offer financing, but they can partner with an MFI to do so. A partnership with a vocational school or business to offer basic skills training can help bring unskilled workers into the more lucrative value chain.

7) **Design for transition.**

Most MED programs are designed for stagnant conditions, focusing on matching services to client demand at a fixed point in time. The SEEP Model challenges MED programs to design for transitions, particularly for the transition from relief and asset-transfer services to more sustainable, commercial services. It can be challenging for families to maintain an adequate livelihood while transitioning from receiving subsidies to participating more fully in the market. Grants-to-loans and rotating livestock programs are examples of programs designed to support effective transitions. The word “transition” can be threatening to some MFIs which wish to keep successful clients. In such cases, a “transition” may mean graduating clients from a simpler set of financial services to a more advanced set.

**2.3.6 Specific MED Strategies**

The table below elaborates on specific MED strategies at each level in specific categories. It lists each tier with reference to the target population served, as well as a category of service within the two broad areas of MED: microfinance (saving, credit, insurance) and enterprise development (market [re]entry, commercial business services, and value chain development).

Next, the table elaborates specific services or features in each of these categories, the appropriate institutions for delivering these services and any adaptations recommended increase effectiveness in HIV & AIDS-impacted areas. As with the rest of the SEEP MED Model, this table is an aggregation of tools and lessons from practitioner experience and continues to evolve.
## Specific MED Strategies for Different Tiers and Target Groups

<table>
<thead>
<tr>
<th>Tier and target group</th>
<th>Category of service</th>
<th>Specific services and features</th>
<th>Best provided by</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Relief for Destitute Individuals</strong>&lt;br&gt;Appropriate for the bedridden, families whose sole income earner has recently passed away, and children and grandparents who head households and who are unable to earn a living</td>
<td>Cash transfers, food supplements, commodities, scholarships, and social services to meet basic needs</td>
<td>• Possibly very short term (less than a month): food, medical, housing support&lt;br&gt;• Possibly long term: scholarships, child-care for orphans, food and child care for child-headed households and grandparents&lt;br&gt;• For able bodied people, best delivered with a strategy for transferring to more sustainable livelihood sources.&lt;br&gt;• Best delivered in conjunction with MED services to other strata, so that community safety nets can take over this role.</td>
<td>CBOs/NGOs/government; community safety net</td>
</tr>
<tr>
<td></td>
<td>Microfinance: Money transfer or remittances</td>
<td>• Facilities to enable working relatives to easily transfer money to relatives at home</td>
<td>MFIs</td>
</tr>
<tr>
<td></td>
<td>Microfinance: Savings and money transfer or remittances</td>
<td>• Rotating savings and credit associations (ROSCAs) in which fixed contributions are made and the total group fund is given to one person on a rotational basis (possible donations to match savings, but no external borrowing)&lt;br&gt;• Integrated literacy, empowerment, health, money management, or other basic skills (especially HIV &amp; AIDS education)&lt;br&gt;• Facilities to enable working relatives to easily transfer money to relatives at home</td>
<td>NGOs/CBOs or MED programs</td>
</tr>
<tr>
<td></td>
<td>Enterprise development (ED): Market (re)entry with asset transfer</td>
<td>• Food-for-work or supported employment (providing food to the worker and labor plus childcare and farming labor, etc. for HIV-affected households)&lt;br&gt;• Rotating livestock initiatives (i.e., offspring of initial livestock are given to other community members in succession); community tool banks; grants of seeds, inputs, and tools&lt;br&gt;• Cash or matching grants for business or farm (re)starts</td>
<td>NGOs/CBOs or MED programs trained by NGOS and CBOs</td>
</tr>
<tr>
<td></td>
<td>Support for emergency funds</td>
<td>• Guidance for voluntary group emergency funds, managed by the group, in HIV-prevalent areas, possibly matched</td>
<td>NGOs/CBOs/MFIs</td>
</tr>
<tr>
<td></td>
<td>ED: Market (re)entry with basic skill development</td>
<td>• Technical skill development (such as apprenticeships with other businesses, short courses) (Important for orphans)&lt;br&gt;• Basic business education (literacy), including business identification, basic business finance, basic marketing</td>
<td>• MED programs or NGOs/CBOs trained by MED programs&lt;br&gt;• MFIs with integrated “Credit with Education”</td>
</tr>
</tbody>
</table>

*Mainstream MFIs can serve the very poor in mixed-income programs in which clients select each other and therefore vouch for borrower readiness, in spite of very low incomes.*
## Tier Two: Stabilization for Poor Households

Appropriate for general population in HIV & AIDS-affected areas; important to prevent families from sliding into deeper poverty and destitution, and to strengthen and maintain community safety nets

* For this income group and above, grants are generally not recommended because for this group, they can distort the market for commercial credit.

### ED: Market (re)entry with group organization and group enterprise
- Social enterprise run by CBO or NGO to sell to or purchase from clients
- Business Group formation (i.e., farmers associations) or links to existing groups and associations

### Microfinance: Savings and credit
- Village banks (accumulating savings and credit association, which could be financed in part by loans from an external MFI)
- Group lending
- Specialized lending products, i.e., dairy cow loan, loan to enter a value chain with significant supportive technical services

### Microfinance: Insurance and support for emergency funds
- Loan insurance to guarantee repayment of loan in case of borrower’s death
- Guidance for voluntary group emergency funds, managed by the group, in HIV-prevalent areas, possible matched

### ED: Commercial business services
- “Embedded” services—linked to purchase of necessary inputs
- “Village” business services, i.e., village vets, village agro-advisors
- Business information services, i.e., radio that is free to the listener and paid for through advertising
- Group-based service delivery, i.e., business planning, financial management, operations and marketing training
- Physical market development (clarifying regulations and fees, creating affordable legal space)
- Cell phone service
- Business planning, education integrated into microfinance or value chain services: empowerment, business planning, health, HIV & AIDS education, etc.

### MED programs or NGOs/CBOs trained by MED programs
- MFIs, in strong partnership with HIV & AIDS-response programs to ensure that target population has access to essential health and prevention services
- Private insurance companies, with MFIs as brokers

### MED programs or NGOs/CBOs trained by MED programs
- These services should be provided by private businesses, stimulated and supported by MED programs
- CBOs and MFIs possibly help clients access information and organize themselves into groups to better afford and access appropriate services.
- MED programs or apex cooperative to organize cooperatives
- All in strong partnership with HIV & AIDS-response programs, to ensure that target population has access to essential health, prevention, and care services
## The SEEP Network Guidelines for Microenterprise Development in HIV and AIDS-Impacted Communities: Supporting Economic Security and Health

| Tier Three: Expansion for Near Poor Households | ED: Value chain development | • Value chain development to access local or national markets  
• Value chain development that offers clients a complete package of services, i.e., inputs, advice, marketing  
• Social enterprises that offers clients a complete package of services, i.e., inputs, advice, marketing | • MED programs  
• NGO established as a social enterprise |
| --- | --- | --- |
| Important for preventing slide into poverty and for strengthening community safety net | Microfinance: Credit and savings | • Village banking, graduating to “apex” financial institutions  
• Group lending in smaller groups (less frequent meetings, larger loans)  
• Individual lending  
• Specialized loan products for asset investment  
• Value chain finance | MFIs |
| | Microfinance: Insurance and support for emergency funds | • Larger group emergency funds  
• Credit Insurance  
• Crop or other product insurance  
• Life and death insurance  
• Linkages to health insurance  
• Guidance for voluntary group emergency funds, managed by the group, in HIV-prevalent areas, possible matched | MFIs or village savings and loan type groups administering social funds to help those in need |
| | ED: Commercial business services | • Fee-based commercial business services, such as consulting, access to information and communications technology, written publications, SMS (cell phone) information services  
• Development of business associations for advocacy or location promotion activities  
• Larger cooperatives taking on more sophisticated processing and marketing functions  
• Education integrated into microfinance or value chain services, i.e., empowerment, business planning, health, HIV & AIDS education, etc.) | Private businesses or cooperatives, stimulated and supported by MED programs or apex business associations |
| | ED: Value chain development | • Value chain development linking to more formal national, regional, and international markets  
• More minimalist value chain development  
• Value chain development that offers clients a broader choice of commercial services providers and market linkage options  
• Profitable social enterprises sell to or buy from the lower income strata | • MED programs  
• NGOs established as social enterprises or businesses with a strong corporate social responsibility value |
2.4 **HOW CAN MICROENTERPRISE DEVELOPMENT PROGRAMS BE ADAPTED TO WORK IN HIV & AIDS-IMPACTED COMMUNITIES?**

This section examines the options MED programs have for responding to HIV & AIDS, while still achieving their goals. It also provides examples of ways that MED services can be adapted to more pro-actively address HIV & AIDS.

### 2.4.1 Response Levels

HIV & AIDS can present a significant risk factor for the success of MED programs. At the same time, MED programs can take advantage of opportunities to contribute to HIV & AIDS prevention and mitigation. There are three basic levels of response for microfinance and enterprise development programs:

**“Business as usual.”** Choosing not to factor HIV & AIDS into programming, assuming it will be addressed by health programs, is a common choice. However, it may lead to a series of problems:

- *Discrimination* against people living with HIV & AIDS (PLWHA) or affected households as they drop out of programs, due to the impact of HIV & AIDS, or are excluded from community groups due to stigma. The impact on the MED program is a reduction in the market for services as these clients no longer participate.
- *Poor program or MFI performance* due to client drop-out or inability to meet program obligations, loan defaults, market shrinkage, etc.
- *High program costs* and lower staff productivity due to higher medical expenses, staff absences, and death of critical employees.

**“Responsive.”** This approach encourages microfinance and enterprise development programs to develop a response to HIV & AIDS that protects the program from negative risks and ensures that core objectives and sustainability goals can be met. It also ensures non-discrimination against people living with or affected by HIV & AIDS.

**“Activist.”** This strategy encourages microfinance and enterprise development programs to incorporate ending the AIDS epidemic as a core goal. It may include collaboration or leadership in efforts to contain the epidemic and investment of resources in partnerships and programs that offer a strong HIV & AIDS response.\(^{20}\)

It is important to note that there is a continuum of choices. What seem like minimal responses to some, feel more like “activist” responses to others. Multi-sector development organizations, for example, may be in a better position to support activist programs; whereas a microfinance

\(^{20}\) These roughly correspond to the response levels outlined in the UNAIDS/DAI value chain paper, B. Irwin et al., 2005.
institution or value chain development programs, run by private contractors and/or functioning with a performance-based contract, may only be able to address HIV at a basic level. Strategies need to be chosen with the following key elements in mind:

**HIV & AIDS environment.** One must consider not only the level of advancement of the disease but also the type and level of response and support services available in the target community. If HIV & AIDS is not a major or emerging public health issue, the response of a MED program will be significantly less than those in high prevalence areas. Likewise, when there is little awareness and few support services, it will be difficult for a MED program to take responsibility for these needed services and referral networks. An activist response will be stimulated by a high or rapidly growing HIV prevalence and it will be supported by ample partnership opportunities. An activist response may be called for in a high prevalence area, but additional resources may need to be mobilized if there are insufficient public health programs to support it.

**Available resources and program flexibility.** Some programs have significant resources and/or flexibility plus donors who look favorably upon programs that address “social issues.” Others have few resources and/or little flexibility and can only address HIV issues when they threaten their ability to achieve their goals. When HIV & AIDS are severe threats to the success of an MED program, it may be necessary to find the needed resources to mitigate these risks. For example, some programs experience a growing portfolio-at-risk because clients affected by HIV & AIDS are not repaying their loans. Value-chain development programs may have less than anticipated participation because some farmers are unable to invest additional capital and labor in new initiatives.

**Level of awareness and commitment of strategic management and funders.** If the strategic managers and program funders are not convinced of the benefits of integrated programming, program implementers may need to start with a basic response, some kind of modest pilot initiative. Results from this initiative can be used to mobilize additional support and funding.

### 2.4.2 Common MED Program Responses to HIV & AIDS

The following strategies are relevant to all microenterprise development programs and should be selected based on the HIV environment, available resources, and commitment of strategic management and funders. They are divided into the institutional responses that a program may take to respond to HIV in the workplace (e.g., the impact on staff and their families) and program responses that affect clients and program participants. It should be noted that existing or potential clients and employees should not be discriminated against on the basis of HIV status. MED service providers have been advised not to lend directly to people with advanced stages of AIDS or include them as core members in enterprise development activities because of the high risk of death and an inability to operate at full capacity. However, in those communities where treatment (anti-retroviral therapy [ART]) can be readily accessed and HIV-positive clients can lead healthy lives, there should be no discrimination in services.

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21 HIV prevalence refers to the number of people in a population living with HIV and AIDS at a specific point in time, usually given as a percentage.
Workplace strategies (institutional). These refer to strategies used by the MED program (which can be extended to their key implementing partners) to confront the reality of HIV in the workplace. As staff and their families are affected by HIV, there may be increases in absenteeism, reduction in productivity, higher medical expenses, and staff deaths. MED programs can prevent, support and respond to HIV in the workplace using the following strategies:

- Update and change human resource policies to reflect the institution’s commitment and response to HIV & AIDS
- Craft non-discrimination policies and procedures for redress in cases of discrimination
- Provide access to improved insurance that may cover HIV-related healthcare costs and/or life insurance for workers and/or their families
- Offer education and awareness training regarding HIV & AIDS
- Advise and offer peer counseling
- Support condom distribution
- Provide access to health and social services for positive living (linkages or in-house), voluntary counseling and testing (VCTs), anti-retroviral therapy (ART), and related care for workers and/or their family
- Support work-based safety nets and voluntary emergency or scholarship funds (matched by the program) and offer technical support to manage these appropriately

In high prevalence areas, MED programs have often found that, the first time they are confronted by HIV in the workplace, it is difficult to know how to respond, and they either handle it awkwardly or with so much attention that it is a not a sustainable response for other employees affected in the future. The best strategy is to be pro-active and consider policies before cases arise and decisions have to be made. A good resource for this is the “Microfinance and HIV/AIDS: Defining Options for Strategic and Operational Change” manual produced by Development Alternatives, Inc., under the Accelerated Microenterprise Advancement Project (AMAP).

Program adaptations (external). These are strategies that can be used by any MED program to mitigate the risks of HIV for clients or participants and the ensuing impact on the program. It includes carefully analyzing the operating environment to understand risk factors (where might HIV & AIDS affect the program outcomes?) and possible responses (what can the MED program and the potential partners do with the community that addresses HIV?). This analysis and planning can be done by a small task force of senior management or during the program design phase.

- Gender analysis and planning—Conduct a gender analysis as part of analyzing the operating environment, considering the roles of men and women in programs, with a goal of increasing gender equity, reducing women’s vulnerability, and increasing women’s empowerment.

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Ensure that the program does not encourage participants to seek risky behaviors that might further spread HIV. Prepare participants for new circumstances that they may encounter and help them protect themselves. As women engage more in the market, they may need to learn how to handle and protect themselves from sexual harassment, reduce risk by changing the market culture, and empower other women through groups and their increased leverage in the market.

- **Education and awareness**—Integrate HIV & AIDS-awareness training into core training and information activities or make referrals to these services in the community.
- **Extend workplace policies and non-discrimination practices to clients**—Help business partners and clients to adopt appropriate HIV-friendly workplace strategies for their businesses and/or associations or other groups (human resource policies, education and awareness, provision of insurance, access to VCT and ART, and work-based safety nets, such as voluntary emergency or scholarship funds).
- **Succession planning**—Identify who would take over if the main client in an account falls ill, and put strategies in place to prepare family member and group/business partners for the transfer of rights, information, skills, property, and responsibilities.
- **Inter-generational knowledge transfers**—Enhance opportunities for knowledge transfer from more experienced workers and entrepreneurs to younger people entering the market.
- **Emergency funds or insurance**—Identify ways to help clients organize and manage emergency funds and/or gain access to insurance. Look for ways for better off clients and partners to develop and support community safety nets.
- **Linkages to health services**—Consider VCTs, ART, and related medical and psychosocial care.

### 2.4.3 Microfinance Specific Responses

Microfinance responses to HIV & AIDS are closely linked to the way microfinance institutions, banks, and other financial service providers (offering savings, credit, insurance and remittance services) conduct their business. The provision of financial services generally does not (and should not) require knowing the HIV status of clients. However, clients and markets are affected by illness and death, resulting in changing abilities to save and repay loans, which ultimately impacts the performance of microfinance service providers. While these institutions can adapt to the reality of HIV & AIDS by adopting workplace policies for their staff and considering low-cost strategies (such as public health messages, non-discrimination policies for clients, succession planning and linkages to health services), there are additional options that take a more pro-active approach to HIV prevention and mitigation.

**Market research to better understand the impact of HIV.** Many financial services are designed without a clear understanding of the market needs and the realities faced by clients. Including solid market research in the design of products and services so that they are responsive to what clients need for savings, loans, or insurance can increase the number of clients served, improve repayment rates, reduce unnecessary insurance claims, etc. In the face of HIV & AIDS, it is important to talk to communities impacted by this disease to understand the financial services...
they need and their vulnerabilities. Research by MicroSave, a program that helps design market-driven financial services, notes that there are different financial pressure points based on the evolution of HIV in the household:

- Early stages when the family is first called on for assistance or the first signs of AIDS appear
- Frequent hospital visits, where the person living with HIV or AIDS (PLWHA) is in and out of hospital
- Bedridden patient, either at home or in the hospital
- Death and burial
- Care for orphaned children or grandparents, including payment for their education

The proportion of the target market in each of these segments, and their ability to use financial services, can affect the design and delivery of products. Generally, when faced with the economic impact of HIV & AIDS, clients tend to liquidate their assets in the following order: savings accumulated outside of the MFI, business income, household assets, productive assets, and finally land. Understanding what this means in terms of mobilizing savings deposits and encouraging on-time repayment is important for the stability of a financial institution.

**Savings product.** In the face of HIV & AIDS, savings products can be designed to help build both productive assets (those that generate additional income, such as machines, livestock, and land) and cash reserves. Looking at flexible savings products that allow clients to access their money when it is needed may be important for HIV & AIDS-affected communities that have greater expenses for health care, nutrition, or support of orphans. Likewise, providing products that help children who have lost their parents to AIDS is also useful. Ensuring that savings-account holders indicate beneficiaries on account opening forms can also protect assets for children or other family members in case of death. Savings-led financial services (accumulated savings and credit associations—ASCAS, and village savings and loan associations—VSLAs) are also proving to be a strategy that allows HIV & AIDS-affected individuals build a protective safety net, especially when a separate social fund is created to assist those in times of need, based on the group’s policies.

**Loan products.** Access to credit is seen as an important component in helping people build profitable financial streams by allowing them to invest in microenterprises. While financial institutions are not designed to provide HIV & AIDS-support services, they can design flexible products that allow their clients to weather changes in their financial situations. Client feedback on how to deal with HIV is often the best source of ideas for product design. Some HIV-positive people may need to change their livelihoods if they become sick and try new opportunities, such as home-based businesses, less physically demanding activities, or leave formal employment for

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24 http://www.microsave.org/
the flexibility of self-employment. Loans that match client needs and encourage other activities are most successful. Considering loan products that help clients “re-start” or “bounce back” from illness and re-build their business can also be a means to address HIV & AIDS. If a client was able to run a business activity successfully, but has had to close because of illness, financing to re-start this activity—an already a known and proven livelihood—might be appropriate. Likewise, helping clients transition to different activities during periods of illness or liquidate their business can be a way to protect the client and the institution against default.

Some institutions have offered “Credit with Education,” in which health information (such as messages on prevention, stigma, and caring for people with HIV) is delivered in short, facilitated sessions during group meetings. The additional cost of this service might be acceptable for programs that are mission-driven and want to pro-actively face the HIV & AIDS crisis. Microfinance service providers need to be sensitive to the needs of HIV & AIDS-affected households when collecting on loans that have fallen delinquent. Using the right terminology when discussing illness and death, and making careful decisions on whether or not to force households to re-pay an outstanding loan contracted by someone who has died, are important for the institution’s reputation in the community. While an institution cannot absorb all losses resulting from HIV & AIDS, they can create flexible mechanisms or accommodating repayment schedules (and consider loan insurance, as explained below).

**Considerations for Loan Products**
- Products that support home-based businesses or lower-labor requirements (e.g., drip irrigation for small-scale farming)
- Loans to re-start a business after a period of illness
- Flexibility in repayment options
- Strategies for business transition or liquidation
- Credit with Education methodologies
- Appropriate strategies for loan collection following illness or death

**Insurance.** One of the best ways financial service providers can assist clients through crisis is to provide loan insurance in case of death. Often for a very small fee, this can be added to loan products and, were the client to die, their loan would be covered. Clients seem to appreciate the extra protection this offers, so their family does not have to shoulder their loan. Some institutions have extended this farther to pay benefits to a named beneficiary. The design of insurance services should be done carefully to ensure there will be adequate coverage (based on the percentage of clients who could die and their average outstanding loan balances), and is usually best done in collaboration with an insurance company. The microfinance institution can collect the premiums from clients and pay the insurance company for the coverage. Beyond loan insurance in case of death, extending insurance services in general through private firms can also help with health, life and death, and disability due to HIV & AIDS. Due to the complicated nature of insurance risk pooling, it is best to work with specialized companies when offering these sorts of services. Health insurance in particular can be challenging to manage and requires good quality health care in the community. Helping clients access these products by linking with private providers, however, can be a role for microfinance institutions.

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**Service delivery systems.** The way financial services are delivered to clients can be as important as the products themselves. Since most products are still driven by human delivery channels (credit officers, bank tellers, group facilitators, etc.), microfinance institutions can ensure the language used by staff is supportive and avoids stigma in the community. Group-based strategies are used by many financial service providers serving the low-income market because of the group guarantee mechanism that can be used in place of physical collateral. Helping to reduce barriers to entry and eliminating stigma for people living with HIV & AIDS or affected by the disease is an important function staff can play. Discussing with group-based loan clients before they borrow money what their strategies for collecting loans will be if someone is unable to repay or dies is as important as a risk mitigation strategy for other clients and the institution.

2.4.4 Enterprise Development-Specific Responses

Enterprise development responses should include a situation analysis, a goal statement, an action plan, and a monitoring plan and process to adjust the strategy with changing resources. They should be designed and implemented in partnership with HIV & AIDS-response experts and with target clients. They should be tailored to the situation, program resources and flexibility, awareness and commitment of strategic managers and funders, and especially the type of enterprise development program.

**Situation assessment.** The first step in determining a plan for incorporating HIV & AIDS issues into an enterprise development program is to assess the HIV & AIDS environment and understand what opportunities and threats might impact the program. The following are some critical questions that may help:

*What is the HIV & AIDS environment?*

- Is the epidemic localized in high risk groups or in the general population?
- What is the HIV prevalence?
- How widely available are prevention, treatment, and care services (especially education campaigns, VCTs, and ART)?
- How significant is the stigma against people living with HIV & AIDS?
- Are there chronic food shortages among target populations or in the area in general?
- How aware are staff, partners, and clients about HIV & AIDS as a concern? How well informed are they about HIV & AIDS and sources of services?
- What are the positive and destructive coping mechanisms in place? (For example, positive mechanisms are group emergency funds and extended families taking in orphans. Destructive mechanisms are widow displacement, cross-generational relationships for money, or a short-term business perspective due to expectation of dying young.)

*How does or could HIV & AIDS affect the market or program? Consider:*

- Lower productivity
- Labor shortages
• Skill shortages (“brain drain”) and diminishment of existing knowledge transfer systems—to what extent do they include women and youth? Are there critical functions in the market that are threatened by loss of skilled labor?
• Large pools of untrained, young workers
• Asset depletion for households (high health costs for businesses)
• Asset grabbing from widows
• Increasing risk of doing business in high prevalence areas, growing culture of risk aversion
• Demand for shorter-term returns

What barriers might people affected by HIV & AIDS face in fully participating in the program and market? Consider:

• Gender roles in the program: Is the main point of contact only men or only women? Are there other family members involved, and how fully?
• Social barriers: Does the program work with existing groups who have screened out people living with HIV & AIDS? Do the groups include women and young people?
• Labor intensity of the program
• Asset intensity of the program
• Timeframe of expected benefits
• Risk level of the program

How might market functions or relations or promoted program activities put people at risk of HIV & AIDS?

• Identify vectors in the market for HIV & AIDS, if any, i.e., drivers and transporters, temporary workers who travel, etc.
• Identify existing or potential sexual harassment practices; identify junctures in the market in which men have significant control over women.
• Identify market and program situations in which people are required to be mobile for long periods of time or over long distances, or required to spend significant time away from their families/spouses, i.e., traders, field staff, etc.

Start by writing a brief situation analysis considering these factors above. Characterize the situation for the implementing agency, the market, and the project, and highlight the most significant risk factors to market and program success, the most significant barriers for people affected by HIV & AIDS, and the most significant risk factors to the spread of HIV & AIDS in the market and program. The next step is to identify opportunities for the program to respond.

Program responses. To be effective in high prevalence areas, enterprise development programs need to go “down market,” meaning they should reach out to those who are on the margins of economic activities, like the small holder farmers or petty traders. These enterprise operators are critical in the economic development of their area, and if they are not stabilized, the regional economic development will be severely jeopardized. Enterprise development programs focusing on one poverty level should partner with other programs (which offer services for different poverty levels) to help their clients if they either fall down in income level (causing them to drop out of the market) or if they graduate to more sophisticated market activities. In areas where
prevalence is low but HIV infection rates are rising, programs could invest in prevention and rapid-asset development in order to help clients avoid or prepare for crisis. Appropriate program adaptations vary according to different types of MED services: market (re)entry on one hand, and more advanced enterprise development strategies on the other.

### 2.4.5 Enterprise Development Program Adaptations

The following are adaptations that different enterprise development programs can make in response to HIV & AIDS. So, assuming that this type of program is appropriate for the targeted economic strata of clients, these adaptations can improve effectiveness in the HIV & AIDS context. For more detailed explanation of these types of interventions, please see Book 1, section 1.1, What Is Microenterprise Development?

#### Market (re)entry

- **Asset transfer: food-for-work or assisted employment**—Provide food-for-work or assisted employment (wages paid by the program) to young people who then contribute to the HIV & AIDS program. The program can link youth to selected households, CBOs, orphanages, schools, and other community groups who are experiencing labor shortages and can provide a positive work experience for the young person.

- **Asset transfer: matching grants for business or farm start-up or re-start**—Provide HIV & AIDS education, take measures to ensure that people are not excluded based on their HIV status, and promote good business responses to HIV & AIDS.

- **Asset transfer: rotating livestock initiatives; community tool bank; grants of seeds, inputs and tools**—Conduct business feasibility on promoted activities to ensure low risk, high and short-term return, and low labor requirements (or provide cash in the business model to pay laborers). For HIV-positive clients, agricultural inputs should focus on growing appropriate nutritional crops, as well as some crops for cash

- **Voluntary group emergency funds**—Encourage fund formation and build capacity for emergency fund management. Match the funds to create larger pools of emergency support. (Please note that we do not recommend that MFIs actually manage emergency funds for clients.)

#### Basic business services

- **Social enterprises** can be run by community-based organizations (CBOs) or non-government organizations (NGOs) to sell to or purchase from clients. Identify social enterprises that have synergy with the CBO goals, i.e., making soap, lotions, and creams; offering transportation; selling mosquito nets; buying and selling products members already make; or selling inputs to them for their main businesses. Try not to give additional functions or tasks to members.

- **Technical skill development**, such as apprenticeships with other businesses and short courses are useful for many, but can be especially important for older orphans.
  - Technical skills development (the transfer of skills and knowledge from generation to generation) is important for youth and widows who have never run a business or farm.
  - Focus on labor saving skills and technology.
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- In agriculture, focus on growing a nutritional selection of food appropriate for PLWHA and some cash crops.

  *Cooperative or group-run businesses* can be created after conducting business feasibility of promoted group activities to ensure low-risk and high- and short-term returns, and low labor requirements (or provide cash in the business model to pay laborers). Also, establish effective management and labor policies (see Annex D: Group-Managed Businesses).

**Value chain development: Tier 2 (stabilization) and tier 3 (expansion).** Adaptations for value-chain development interventions affect different aspects of the market system.

- **Enabling environment**
  - Support and advocate for business responses to HIV & AIDS.
  - Push government, business, and sector leaders to develop responses appropriate to microenterprises.
  - Identify business practices in the sector that put people at risk (travel, gender inequities, sexual harassment, etc.), incorporate these into sector analysis, and devise strategies to change the business pressures and culture around these issues.

- “**Competitiveness**” strategies—Which markets to target?
  - “Down market” usually means linking people to local, more easily accessible markets. If the main program focus is “up market,” consider creating a path from local to more sophisticated markets, or consider supporting separate initiatives aimed at local markets.
  - Competitiveness strategies often involve intensifying labor and capital investment and taking higher risks; consider these in context of the local HIV & AIDS situation. Is the HIV & AIDS prevalence still low, so that it is a good time to take a risk and build up assets, or is prevalence high and people are feeling more conservative? Are they diversifying businesses and have less time and capital to invest already?

- **Vertical linkages**
  - Going “down market” sometimes means focusing more on small-scale intermediaries, rather than larger lead firms, who demand higher volumes.
  - Financial services linkages connect intermediaries with microfinance services, including savings, lending, and insurance. Explore ways for clients to access insurance.
  - Find ways to open new intermediary roles to young, entrepreneurial but untrained people. This may require more investment in workforce development and business or job readiness. Consider partnering with vocational schools to develop new curricula that attracts young people into missing functions in the industry.
  - Initiate succession planning. Advise partners and clients to identify several family members who can maintain relationships with suppliers and buyers in case the main contact person falls ill.

- **Horizontal linkages**
  - Conduct a social analysis of the groups the program is working with. Do they represent women or youth, for example? Do they discriminate? Train group facilitators to address these equity concerns in the existing group or by forming new groups that reach more socially marginalized people.
Help groups adjust meeting requirements so that they are more accommodating in terms of frequency, location (distance), and duration.

As group members become more aware of HIV & AIDS, they may start to exclude HIV-positive members or affected families. Balance group members concerns about the risk of having HIV-positive members with “workplace strategies” that support prevention and link people to medical and social care.

Initiate succession planning. Encourage groups and members to include family members in group activities in case the main member falls ill.

Incorporate a social enterprise philosophy. Many groups come together for both business and social purposes. In addition to their group work to advance household security and income, they hope to support family members and others in the community who are destitute. Add more group organization training, focused on how to manage these dual objectives and how to manage social funds.

Financial services linkages connect intermediaries with microfinance services, including savings, lending, and insurance.

Explore insurance linkages to help clients find ways to access insurance.

- **Business services**
  - Identify unpaid functions that are consuming domestic labor. Find and market labor-saving technologies (alternative fuel cooking stoves, irrigation systems, animal traction, access to food processing equipment, rural transport). Use these opportunities to create jobs for unemployed youth, such as by seeding the employment market through “food-for-work” for unemployed youth. (For example, the youth might work on a neighbor’s or grandparent’s farm.)
  - Incorporate HIV & AIDS education into information service (i.e., radio and trade publications and training opportunities at all levels, both informal and formal)
  - Support private business advisory services for HIV & AIDS-workplace services. Target larger firms, cooperatives, business service providers, NGOs, community self-help groups, etc.
  - Promote workforce development in specific industries that are losing labor in key functions. Encourage training institutes and placement services to offer recruitment and job-readiness training to unemployed youth and incorporate HIV & AIDS-education and -service access.
  - Promote businesses and sectors targeted to PLWHA. Market both to affected households and to community care organizations.
  - Focus on labor saving skills and technology
  - In agriculture, focus on growing a nutritional selection of food appropriate for PLWHA and some cash crops.

**Enterprise-level responses.** All of the above responses are ultimately aimed at reaching the firm. It is important to start and end the analysis and response planning at the household and enterprise levels. Representative participants should be engaged in analysis, planning, monitoring, and evaluation to help programs build on positive firm- and community-level responses and mitigate destructive responses. This will also
contribute to a genuine response, and keep the organizations aware of changing client-level pressures, opportunities, and impacts.

There has been little experience with implementing or tracking the costs and benefits of the above responses. The SEEP Network encourages you to share your experiences to help each other improve your enterprise development response to HIV & AIDS.
Implementing integrated programming is challenging. It requires bringing together diverse technical approaches, different program priorities, and—sometimes—competing institutional and professional interests. The key to addressing these challenges is facilitating effective cross-sector partnerships among public health and MED professionals and organizations. This is easy to say, harder to accomplish. Challenges to effective cross-sector partnership exist at all programmatic levels—from funder, to technical specialists and umbrella implementing agencies, to community-based organizations. Changes are needed at all levels. *The SEEP Guidelines* fundamentally call for donors and strategic implementing partners in both public health and MED to make strategic shifts in the way they fund and design programs, so that they drive and better support program integration at the community level. This section is presented to funders and strategic implementing partners—and to on-the-ground practitioners who may be in a position to influence their strategic partners and funders.

The following specific strategies have emerged from cross-sector dialogue to support cross-sector partnership:

- Guiding principles for observing good practice in both disciplines
- Structural (institutional) challenges and strategies for cross-sector collaboration
- Technical challenges and strategies for cross-sector collaboration
- Necessary expertise for integrated programming
- Partnership tips and tools
- Responses to “Frequently Asked Questions” from one technical community to another—MED and HIV & AIDS professionals—see Annex C.

For technical resources on how to implement specific MED strategies, see section 2.6.

### 2.5.1 Guiding Principles

One critical obstacle facing MED and HIV & AIDS specialists as they attempt integrated programming is a lack of common understanding of the basic principles of each professional discipline. This section of *The SEEP Guidelines* shares the key principles of each discipline and lays out some emerging principles for joint programming.

*Principles for Joint Programming*. The guiding principles for integrated programming are evolving quickly as increasing numbers of programs test new strategies. Experts from different

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27 Over the course of five years, The SEEP Network’s HIV & AIDS and Microenterprise Development (HAMED) Working Group explored these issues and facilitated dialogues with public health practitioners to identify challenges and solutions to cross-sector partnerships. The Working Group will continue its endeavors. For more information, see http://communities.seepnetwork.org/hamed.
disciplines come together to bring their own practices and adapt them to face the challenge of HIV & AIDS. These recommendations are offered for effective integrated programming.

1. **Support a holistic set of specialized services that meet the dynamic needs of targeted communities.**
   - Work with partners to assess the holistic needs of target communities and ensure that diverse services (health, sanitation, education, human rights, etc.) are available to target clients.
   - Account for dynamic change: plan for clients to graduate from destitute to vulnerable to secure, as well as for people in the community to fall from more to less secure. Ensure that a range of services are available to your clients as they advance economically or fall into crisis.
   - Specialize and encourage others to specialize in their core competency, while mobilizing partners to provide complimentary services for an effective, holistic response. For example, the same institution should not provide grants and loans because clients receive mixed messages about the intention of the organization and the need to repay. Another example is if a microfinance institution provides health information, then curriculum development, training of trainers, and quality control should be conducted by public health specialists.

2. **Match the support to the situation.**
   - Assess the economic strength and vulnerability of target populations in their economic context. Select MED strategies that build on their economic capacity and address their economic constraints to earning a more viable and secure living.
   - Assess the physical and social strengths and vulnerability of target populations, in their health and social context. Select MED strategies that build on their physical and social capacity and reduce health and social barriers to business and market participation.

3. **Target appropriately.**
   - Target economic programming based on economic status (i.e., skill base, level of poverty, extent of current and past economic engagement), not HIV status.
   - Stimulate formation of groups for economic purposes when group-based activities are most appropriate for microfinance and other business activities.
   - Engage community groups judiciously and effectively. Follow best practices in cooperative and association development and in microfinance:
     - Groups with a clear and necessary purpose
     - Self-selected membership
     - Transparent rules for operation
     - Clear individual benefits according to individual time

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4. Take a cross-sectoral approach and ensure open dialogue throughout the program.
   - Involve a variety of actors from all relevant sectors at key program funding and design points.
   - Inform programming decisions through a sound, cross-sector needs analysis, such as situation assessment or market research.
   - Create ongoing opportunities for dialogue among professionals of different disciplines.

5. Adapt MED programs and strategies to the HIV & AIDS context.
   - Consider the specific circumstances of HIV & AIDS-impacted communities, including the level of economic vulnerability, asset depletion, economically active children and youth in vulnerable households, the presence of youth-headed households, large families, elderly caregivers, and health and legal issues. Ensure that products and services are designed to respond to these needs, which might be different than other low-income market segments (e.g., the need for labor-saving technologies, home-based enterprise activities, or additional skill training).
   - Adapt MED programs to accommodate high incidence of HIV & AIDS in target communities to mitigate risks to the institution, program, and community. Leverage program activities to contribute to positive health outcomes at the institutional, program, and community level. Examples of this are adding loans, adding life insurance to loan products, or training more than one person in a household on enterprise development strategies. MED programs may need to take into account the stage of the disease in target communities as they consider which elements of an HIV & AIDS response to embrace.

6. Build capacity through effective technical and institutional partnerships for integrated programming.
   - Ensure that the design and implementation team includes and empowers both public health and MED experts.
   - Embrace and build capacity for partnerships among specialist departments and organizations.
   - Require a strong project plan, clear terms of reference and deliverables, consequences for non-compliance, and clear funding allocations for partnerships.
   - Identify processes for dispute resolution.

7. Develop demand-driven, market-based interventions for sustainability and scalability
   - Build on existing skills, capacities, and markets.
   - Respond to client demand for services and help clients respond to viable market opportunities.
   - Define and plan for sustainability appropriately for the program context.
   - Envision and plan for scale-up; design pilot initiatives in the context of the scale of the epidemic in the target area.
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- Minimize the cost per participant by calculating and comparing costs for various outcomes and impact.
- Maximize the outcomes.
- Envision the future and plan an effective exit strategy; the exit strategy should be part of the entry strategy into the community.

8. **Identify common, robust indicators to effectively track performance and outcomes, and invest sufficiently in monitoring and evaluation.**

Integrated programs with integrated goals should have log frames that reflect program integration. They should have objectives that reflect both public health and enterprise development goals, and these should rely on best practice in each field. This means that the effort to develop and track indicators may be as much as double that of a single-sector program. Thus, the budget for monitoring and evaluation needs to be greater than in a single sector program.

9. **Apply good practice principles from MED and HIV & AIDS (or other relevant sectors) to integrated programming.**

Microfinance and enterprise development have different core principles, presented separately in the boxes below. These are followed by core principles for HIV & AIDS programming, as articulated in the International AIDS Alliance “Code of Practice.” It is important that both technical areas respect one another’s programming principles as they consider how best to address field needs.

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**Key Principles of Microfinance**

CGAP is a consortium of 33 public and private development agencies working together to expand access to financial services for the poor, referred to as microfinance. These key principles* were developed and endorsed by CGAP and its members, and further endorsed by the Group of Eight leaders at the G8 Summit on June 10, 2004.

1. Poor people need a variety of financial services, not just loans.
2. Microfinance is a powerful tool to fight poverty.
3. Microfinance means building financial systems that serve the poor.
4. Microfinance can pay for itself and must do so if it is to reach very large numbers of poor people.
5. Microfinance is about building permanent local financial institutions.
6. Microcredit is not always the answer. Microcredit is not always the best tool for everyone in every situation.
7. Interest rate ceilings hurt poor people by making it harder for them to get credit.
8. The role of government is to enable financial services, not to provide them directly.
9. Donor funds should complement private capital, not compete within it.
10. The key bottleneck is the shortage of strong institutions and managers.


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Key Principles of Enterprise Development

The following principles, put forward by several reputable experts in the field, are based on earlier standards developed by the Donor Committee on Enterprise Development, but they have not been vetted by a wide group of practitioners and do not represent agreed-upon industry standards.*

The three components of enterprise development have slightly different principles, as follows:

- Market (re)entry helps the destitute and very poor transition back into market participation. It may involve subsidies that are counter to approaches used, once microenterprises are up and running. Thus, Principles 1–3 below apply, but principles 4–5 may not.
  - Commercial business services—all principles apply
  - Value Chain development—all principles apply

1. **Impact:** Aim for measurable, significant poverty eradication.

2. **Demand:** Tailor program strategies to specific, demand-driven opportunities and problems.
   - Tailoring means customizing services to the specific type and conditions of target enterprises, needs of the client, and pressures of the market.
   - Demand-driven means that there is financial pressure on the provider to give good service, either because the enterprises are paying for the service or because the provider is running a business that depends on positive engagement with enterprise owners. For example, a vegetable wholesaler may need to ensure that crops are of the right variety, and so might supply farmers with appropriate seeds and some advice or input on growing. The wholesaler has more financial motivation to provide good seeds and advice than a community group or NGO that is providing free seeds and advice.

3. **Sustainability:** Support sustainable business models for the delivery of enterprise development services and market linkages.
   - Sustainability refers to the continual generation of benefits to small enterprises, and to continuously reaching increasing numbers of small enterprises through financially sustainable delivery mechanisms, institutions, and markets.
   - Generally, business services should ultimately be delivered by private firms (or viable social enterprises — rather than by NGOs or government).

4. **Market development:** Develop competitive, vibrant markets.
   - Help small enterprises reach more stable, higher-volume, or higher-value markets by strengthening the market systems that engage small enterprises.
   - Develop a market for business services and other support products. Rather than supporting one business or social enterprise that supports small enterprises, or linking small enterprises with one big customer, it is important to develop multiple businesses or social enterprises and multiple market linkages.

5. **Replication and resiliency—or market up-take:** In more advanced market development, increase expansion and sustainability by building market facilitation capacity. Establish trade associations and professional training institutions for trainers and technicians; support consulting services that create market linkages; develop market leadership; and seek other sustainable ways for the market to continue to grow and expand after the program ends.

Core Principles for HIV and AIDS Programming

“Code of Practice for NGOs Responding to HIV/AIDS” (International HIV and AIDS Alliance) *

Drawing on 20 years of knowledge and experience, the Code sets out key principles, practice and evidence required for successful responses to HIV. When it was published in 2004, 160 NGO signed on. As of December, 2007, a process was launched for additional NGOs to publicly sign on. Signatory NGOs are provided with a Code logo and may use the tagline “We endorse the Code of Good Practice for NGOs Responding to HIV/AIDS” in printed materials and on their websites. To find out more about signing on to the code, see http://www.hivcode.org.

- Guiding Principles
  - "We advocate for the meaningful involvement of people living with HIV and AIDS- (PLHA) affected communities in all aspects of the HIV and AIDS response."
  - "We protect and promote human rights in our work."
  - "We apply public health principles within our work."
  - "We address the causes of vulnerability to HIV infection and the impacts of HIV/AIDS."

“Our programs are informed by evidence in order to respond to the needs of those most vulnerable to HIV and AIDS and its consequences.”

The code continues on to address the follow program components:

- Organizational principles which suggest involving PLHA in programming decisions, ensuring non-discrimination, engaging in multi-sectoral partnership, and elements of good governance and operations. The principles endorse rigorous research, planning, monitoring and evaluation. They support advocacy for a position enabling environment, and strategies for scaling up.

- Programming principles include HIV prevention; voluntary testing and counseling; treatment, care, and support; and address stigma and discrimination. The SEEP Guidelines endorse mainstreaming HIV and AIDS programming into other development programs and engaging in multi-sector initiatives.

- Three cross-cutting principles
  - “Our HIV and AIDS programmes are integrated to reach and meet the diverse needs of PLHA and affected communities.”
  - “Our HIV and AIDS programmes raise awareness and build the capacity of communities to respond to HIV/AIDS.”
  - “We advocate for an enabling environment that protects and promotes the rights of PLHA and affected communities and supports effective HIV and AIDS programmes.”


2.5.2 Structural (Institutional) Challenges and Strategies for Cross-Sector Collaboration

A second challenge to effective collaboration is institutional barriers. Currently, donor funding, most research and communities of practice, implementing agencies, and program targets are all structured according to technical areas—health on one hand and MED on the other. Public health professionals and MED specialists have little financial or professional incentive to work together.
because their funding, targets, and career paths are oriented toward sector goals. Specific structural changes are needed for collaboration to work effectively\textsuperscript{30}:

- Adoption of broader goals—and indicators—that provide stronger incentives for joint programming
- Funding streams with joint goals that require collaboration
- Incentives for institutional collaboration built into programs at all relevant levels
- Adoption of effective institutional models for implementation
- Support for on-going research, active communities of practice, and leadership opportunities for professionals who advance practice in integrated programming

It will take a coordinated effort of funders, strategic planners, experts, and practitioners to make these kinds of structural changes. They are discussed in more detail below.

**Adopting broader goals that provide stronger incentives for joint programming.** The primary incentives for good program performance are currently sector specific, which leaves little incentive for integrated programming. These are examples of typical program targets:

- The main indicators for the “Global Fund to Fight AIDS, Tuberculosis (TB), and Malaria” are the number of people with access to treatment (antiretroviral therapy), TB therapy, and insecticide-treated mosquito nets.\textsuperscript{31}
- The goals of the President’s Emergency Plan for AIDS Relief (PEPFAR) are to provide treatment to 2 million people, prevent 7 million new infections, and to provide care to 10 million people infected and affected by HIV & AIDS, including orphans and vulnerable children.
- The microfinance community has historically focused on a target of helping people access credit and other financial services.
- Agricultural or other value-chain development programs typically focus on output targets, such as increasing maize production or horticultural exports, or on the number of farmers linked to services or markets.\textsuperscript{32} These targets lead programs to focus on better-off, larger, more productive farmers.

Technical fields need specific indicators to drive good practices, but the attention paid to specific, sector outcomes undermines broader goals of joint programming. A focus on broader,

\textsuperscript{30} These recommendations emerged substantively from several presentations and discussions on cross-sector collaboration at The SEEP Network’s 2006 and 2007 annual conferences. For presentations, go to http://www.seepnetwork.org, click on publications, and search for HIV.


\textsuperscript{32} Miehlbradt and McVay, 2006.
common outcomes may help address this challenge. For example, recently, the MicroCredit Summit Campaign has added a poverty targeting focus and an impact goal:

Working to ensure that 175 million of the world’s poorest families, especially the women of those families, are receiving credit for self-employment and other financial and business services by the end of 2015. Working to ensure that 100 million families rise above the US$1 a day threshold adjusted for purchasing power parity (PPP), between 1990 and 2015.33

With a focus on this broader poverty eradication goal, it becomes more apparent that other aspects of clients’ lives—specifically good health—can support their ability to work their way out of poverty. MFIs are also currently developing social performance indicators that will better express and benchmark MFIs’ social goals. There is an opportunity to incorporate HIV & AIDS indicators into an industry standard. To get involved, contact the SEEP Network Social Performance Working Group.

In the arena of integrated HIV & AIDS and MED programming, donors and strategic implementing agencies might consider adopting joint program goals that express the need for progress in both arenas—for example, enhancing health, economic security and community safety nets in HIV & AIDS impacted communities.

**Finding funding streams with joint goals that require collaboration.** Fundamentally, funding for integrated programming has to incorporate integrated goals that require collaboration. These funding streams can emerge from several sources:

- Allocate more significant portions of HIV & AIDS funding toward integrated programming, and either increase the allocation of funds or raise its profile from a sub-portion of care and support to a more mainstream part of programming.
- Allocate MED funding toward integrated programming.
- Allocate special funds for integrated programming, so that each group does not feel threatened that their funding is being eroded.
- Bring existing pools of funds into the mainstream:
  - Require that HIV & AIDS programs address economic and livelihood factors in their plans for prevention, treatment, care, and support.
  - Require that MED programs address HIV & AIDS in their programming to mitigate risk and to positively contribute to prevention, treatment, care, and support.

Changing funding streams requires advocacy. For example, RESULTS, the advocacy group that hosts the MicroCredit Summit Campaign, launched an initiative to require that a specific percentage of USAID-microenterprise development funding be allocated to communities significantly impacted by HIV & AIDS.34 To get more involved with advocacy around funding streams, see *Book 3 for Policy Makers: Donors, Strategic Planners and Advocates.*

**Building incentives for institutional collaboration into programs at all relevant levels.** Currently, there are disincentives for integrated or collaborative programming at all program

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33 Microcredit Summit Campaign website (homepage), http://www.microcreditsummit.org.
34 For more information or to support this effort, see http://www.results.org
levels. The following table illustrates some of these disincentives and suggests positive incentives that could support integrated programming at that level. This kind of professional and institutional incentive is essential to support positive intentions of funders and practitioners to implement integrated programming.

### Disincentives and Incentives for Integrated Programming

<table>
<thead>
<tr>
<th>Level</th>
<th>Disincentive</th>
<th>Incentive</th>
<th>Who puts the incentive in place?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donor</td>
<td>• Specific sector goals and targets</td>
<td>• Broader goals and targets</td>
<td>Donor strategists, leaders, legislation (advocates could suggest alternatives)</td>
</tr>
<tr>
<td></td>
<td>• Sectoral institutional departments</td>
<td>• Budget allocations for integrated programming</td>
<td></td>
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<tr>
<td></td>
<td>• Sectoral budgets</td>
<td>• Task forces for integrated programming</td>
<td></td>
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<tr>
<td></td>
<td>• Sectoral promotion paths</td>
<td>• Recognition and leadership opportunities for professionals focused on integrated programming</td>
<td></td>
</tr>
<tr>
<td>Umbrella public health-implementing agency and/or broad community development NGOs, child-focused charity organizations</td>
<td>• Sectoral external funding streams</td>
<td>• Funding streams for integrated programming</td>
<td>Donors</td>
</tr>
<tr>
<td></td>
<td>• Specific sector goals and targets</td>
<td>• Broader goals and targets</td>
<td>Leaders and strategists in umbrella public health implementing agencies</td>
</tr>
<tr>
<td></td>
<td>• Sectoral institutional departments</td>
<td>• Budget allocations for integrated programming</td>
<td>Leaders in research and communities of practice, and advocates can influence</td>
</tr>
<tr>
<td></td>
<td>• Sectoral budgets</td>
<td>• Task forces for integrated programming</td>
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<td></td>
<td>• Sectoral promotion paths</td>
<td>• Recognition and leadership opportunities for professionals focused on integrated programming</td>
<td></td>
</tr>
<tr>
<td>MFIIs and other social enterprises</td>
<td>• Sectoral funding streams</td>
<td>• Integrated funding streams—separate from investment funds</td>
<td>Donors and funders</td>
</tr>
<tr>
<td></td>
<td>• Investment funding with expectation for return on investment</td>
<td>• Incorporating HIV &amp; AIDS goals into social performance indicators</td>
<td>Industry leaders, acting through, e.g., The SEEP Network and CGAP</td>
</tr>
<tr>
<td></td>
<td>• Institutional sustainability and profit goals</td>
<td>• Forming partnerships with public health practitioners</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Specific sector goals and targets</td>
<td>• Forming task forces or departments to address social performance; developing and implementing incentives around social performance</td>
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<tr>
<td></td>
<td>• No or low professional capacity for addressing social issues</td>
<td>• Work with NGOs and CBOs that target HIV &amp; AIDS-impacted communities to market opportunities to participate; build NGO and CBO capacity to screen and prepare clients for program participation.</td>
<td></td>
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<tr>
<td></td>
<td>• No staff incentives or professional recognition around social issues</td>
<td>• No or low understanding for how to conduct outreach among HIV &amp; AIDS-impacted individuals and communities</td>
<td></td>
</tr>
</tbody>
</table>

The SEEP Network — 53 — HAMED Working Group
### Enterprise Development Programs

- Sectoral funding streams
- Specific sector goals and targets, especially around outputs, sustainability, linking to high value markets
- No or low professional capacity for addressing social issues
- Lack of expertise and on-the-ground presence to reach out to HIV & AIDS-impacted individuals and families
- No incentives or career path for addressing social issues

<table>
<thead>
<tr>
<th>Enterprise development programs</th>
<th>Community-based organizations working with HIV &amp; AIDS-impacted communities</th>
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</table>
| Funding streams for integrated programming
- Broader goals and targets
- Budget allocations for integrated programming
- Task forces for integrated programming
- Recognition and leadership opportunities for professionals focused on social issues or integrated programming
- Work with NGOs and CBOs that target HIV & AIDS-impacted communities to market opportunities to participate; build NGO and CBO capacity to screen and prepare clients for program participation. |

| Donors
- Market development program leaders
- Leaders in research and communities of practice, and advocates can influence |

### Community-Based Organizations Working with HIV & AIDS-Impacted Communities

- Sectoral funding streams
- No or low professional capacity in MED
- No MED program operating in their geographic area that is willing to work with their target clients

- Funding for integrated programming
- Capacity building initiatives for CBOs for appropriate, targeted MED strategies
- Strategic planning among larger organizations and programs to better coordinate initiatives
- Referring clients to existing MED programs, when they overlap geographically and in terms of target population; working to understand requirements and prepare clients for entry

- Donors
- Donors, umbrella NGOs, and MED strategic planners
- CBOs

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**Adopting effective institutional models for implementation.** To move forward on a large scale, funders and practitioners need examples and proven models. There are several emerging models for “strategic alliances” among MED programs and other development initiatives.\(^{35}\) These strategic alliances are relevant for HIV & AIDS and for other sector collaborations:

- **Parallel programming**—When two programs operate in the same geographic area and target the same clients, but operate entirely autonomously. Coordination can occur at the strategic

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planning level when funds are allocated and institutional plans are made to target the geographic area. Parallel programming can evolve when leaders meet regularly, educate each others’ staff about their programs, share outreach information with clients, and/or monitor the extent to which clients are accessing both services. Generally in such an arrangement, each organization has its own funding, but one organization could also contract or fund the other.

- **Partnerships**—When two programs offer their clients each other’s services through one door. These are examples of possible effective partnerships:
  - An MFI invites a public health program to conduct HIV & AIDS awareness and prevention workshops for staff and members and/or offers onsite voluntary counseling and testing (VCT) services.
  - An MFI markets its services through public health organizations.
  - A public health organization contracts experts in accumulated savings and credit associations to facilitate the formation of accumulated savings and credit associations (ASCAs) among its target population.
  - In these partnerships, different funding arrangements apply. Each program funds its own costs or perhaps one program contracts or funds the other, with either taking the lead role.

- **Fully integrated programming**—When one organization hires technical experts from both disciplines and operates an integrated initiative:
  - A public health organization hires an MED expert to run a market development initiative in a target community that is at risk or already impacted by HIV & AIDS.
  - A multi-sector NGO creates an integrated program with experts from both professional disciplines.
  - An MFI hires a public health expert to manage its HIV & AIDS-mitigation strategy.

**Support on-going research, active communities of practice, and leadership opportunities for professionals who advance practice in integrated programming.** At a 2006 global industry conference on market development, a prestigious technical leader in the field gave a plenary presentation on the importance of economic strengthening for people impacted by HIV & AIDS. She received a standing ovation, but when it came time for small groups to form around topics for follow-up, her table was empty. The professionals all flocked to other topics that were thought to be more critical to the industry—and better funded. This pattern is repeated in other venues where the interest in integrated programming is high, but secondary.

For integrated programming to become a first priority for more professionals, there needs to be support for ongoing research, active communities of practice, and leadership opportunities for professionals who advance practice in integrated programming. Look into these examples of momentum building in this area of practice:

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**Who should be bankers?**

The MFI industry recommends that MFIs stand alone as financially autonomous and sustainable institutions. Savings and lending activities should not be conducted by NGOs or governments. They should only be conducted by:

1) community groups trained in an appropriate methodology for operating an accumulated savings and credit group, or

2) an autonomous MFI.

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Propose a discussion on this topic!
Use our on-line discussion page!
• The SEEP Guidelines and The SEEP Network online community of practice
• The SEEP Network’s practitioner learning program: Building Alliances to Serve HIV/AIDS Impacted Communities in Sub-Saharan Africa (BASICS)
• The series of technical notes from USAID on MED and HIV/AIDS, [link](http://www.microlinks.org/ev_en.php?ID=12666_201&ID2=DO_TOPIC)
• The AIDS 2008 Conference has as one of its key objectives to “increase understanding of the contribution made by the HIV global response to broader social, economic, and health issues.” A core theme is to “respect and promotion of human rights and gender equality as a framework for all aspects of the response.”  
  36 UNAIDS further prioritized economic empowerment as a key issue in addressing gender equality.  
  37 There is a track at the 2008 conference on social, behavioral, and economic issues where further dialogue can take place.
• The global dialogue is advancing, but more investment is needed to advance knowledge, practice, and support of professionals dedicated to integrated programming.

### 2.5.3 Technical Challenges and Strategies for Cross-Sector Collaboration

A third barrier to cross-sector collaboration is the technical challenges to integrated programming. This section addresses several common and central issues and offers suggested strategies for overcoming these particular challenges:

- Different targeting strategies
- Different terminology
- Risk to MFI, social enterprise, or market development performance
- Need for focus and technical specialization to achieve good practices and results
- Small scale of market development and other—non MFI—MED initiatives

**Different targeting strategies.** Public health programs target clients primarily according to their demographic and HIV status. They target people at all levels of “heal impact”: from healthy and non-infected to the severely ill and dying. They form groups based on common psychosocial and health goals and personal trust. MED programs target clients based on economic status and form groups based on common business interests and financial trust. They target people at different levels of economic security: from stable to destitute. There is overlap in who these programs can serve. The challenge is to merge targeting strategies in order to supply appropriate public health and microenterprise development services.

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37 [link](http://www.unaids.org)
The following are effective targeting strategies for integrated programming:

- **Public health programs** can target a specific population of affected people and work with MED experts to identify appropriate strategies for the target population(s). Many organizations may work with people with common economic status and challenges. For example, organizations may target marginalized transactional sex workers to help them transition to economic activities with lower risk for spreading HIV. These women probably have common livelihood security capacities and challenges. A public health and MED program could work together to design a set of services, to be delivered by CBOs, and establish linkages to larger MED programs that would be effective for this group. However, organizations working with a more diverse population—such as PLWHA who are productive, PLHWA who are very sick, families hosting orphans, child-headed households—will have to assess the economic status of their client base, categorize them in terms of their economic status, and customize different MED strategies for these different populations. See section 2.3, What Kind of MED Strategies Work for HIV & AIDS-Impacted Communities, for an elaboration of how to design and deliver a range of effective services to diverse populations.

- **MED programs hoping to address HIV & AIDS** can work with public health professionals to assess the demographics and health situation of target clients. Appropriate strategies can be devised for each situation and for different populations. There is not a “one message for all” education strategy for HIV & AIDS.

- **Professionals designing integrated programs** can work with experts from both professions to identify and support a range of MED and public health solutions for targeted geographic areas. Microfinance, credit, training, or group organizations working in isolation are rarely sufficient to support economic security. See section 2.3, What Kind of MED Strategies Work for HIV & AIDS-Impacted Communities, for a framework list of options.

The recommendation is to customize public health and MED programs to the health and economic-security needs of specific populations, which may require supporting a range of solutions. This kind of demand-driven response is clearly more expensive and complex to implement, but the vision is for more effective and sustainable results.

**Different terminology.** Is MED short for “medical” or does it stand for “microenterprise development”? Does “risk” mean risk of infection or does it mean risk of borrowers not paying back their loans? What is a value chain? Is it similar to a “cold chain” for vaccines? What is IGA—is it a group or individual activity?
It is challenging to move forward as a community of practice when we are constantly talking across one another. The solution is translation. The SEEP Guidelines contain a Glossary of Microenterprise Development Terms, Annex B, as well as HIV & AIDS Terms and Acronyms, Annex A. We hope that, over time, this will facilitate communication among technical specialists.

**Risk to MED program performance.** MFIs, social enterprises, and enterprise development programs have financial and output goals that need to be satisfied for their own sustainability and their donor requirements. Having a high proportion of clients impacted by HIV & AIDS can be a risk factor for achieving these goals. Unfortunately, some programs have dealt with this risk by discriminating against HIV-positive clients or communities or by ignoring the issue, assuming that not many clients are impacted because the programs have not reached out to these clients. These are negative risk-mitigation strategies.

In the first situation, discrimination (which includes turning a blind eye to client or market-level discrimination) is morally abhorrent and/or against agency policy: in many countries, it is illegal. In the second situation, programs ignore HIV & AIDS—particularly in Africa and other high prevalence areas—at their peril. HIV is a disease that carries stigma; communities and staff will often not raise it as an issue of concern for fear that the organization or program will discriminate against them. Leaders need to be pro-active in assessing the risks of HIV & AIDS to the program, staff, and target communities, and in supporting risk mitigation efforts. For details on how to adapt MFI and MED programs to manage risk and pro-actively contribute to HIV & AIDS prevention, treatment, care, and support, see section 2.3, What Kind of MED Strategies Work for HIV & AIDS-Impacted Communities?

**Striving for scale and significant impact.** Both MED and public health practitioners are striving for significant outreach and impact. The challenge of HIV & AIDS is staggering, especially in sub-Saharan Africa where the majority of the world’s cases exist. The challenge of poverty is also overwhelming, especially in Africa. While leaders strive for sustainable, large-scale initiatives that have a significant impact, practitioners also call for community ownership and engagement and observe many small-scale, community-level programs—some are innovative, some have very poor practices, and many lie in between. What, exactly, is the appropriate scale for programs and the appropriate role for community ownership in these programs?

First, innovations and pilot programming are an appropriate part of the life cycle for good practice. It is important now to capture lessons from innovative, on-the-ground practitioners and to support these approaches, however small-scale. As effective and high-impact innovations are identified and documented, attention can then be paid to how to scale them up. See Promising Practices at http://communities.seepnetwork.org/hamed/node/29.

Second, it is important that strategies for scaling up include how to engage community groups on a large scale. Community ownership is critical to sustainability, to leveraging local resources, and to ensuring relevance. Community ownership and scale are not mutually exclusive. For example, ASCAs are an example of a model for a community-owned bank that can be stimulated on a widespread basis. The SEEP Network is currently supporting a practitioner learning
program for MED practitioners operating large-scale programs on how to engage with CBOs who work with HIV & AIDS-impacted communities. 38

Third, the concepts of significant scale and impact need to incorporate the concept of sustainability. It is through sustainability that outreach and impact increase over time without further external resources. MED is a critical part of helping communities and local economies support their own, sustainable strategies for coping with HIV & AIDS.

Need for focus and technical specialization to achieve good practices and results. Both sets of professionals become nervous with the idea that unqualified organizations or staff might assume their roles. Although there is some territorialism involved, this response mostly comes from concern that poor quality programming will undermine success. 39 For example, one MFI offered HIV & AIDS-awareness and -education workshops to its clients, with the result that many HIV-positive clients were kicked out of their borrower groups by nervous clients. The poor quality of this program caused more problems than it solved.

Public health professionals often lament that MFIs charge high interest rates for loans to their target clients, while MFIs complain about health programs that offer clients grants or low-interest loans. Subsidized or below-market interest rates for credit distort the market for professional lending. This makes it more difficult and expensive for MFIs to successfully operate and serve large numbers of people. Enterprise development specialists criticize health programs for helping people launch microenterprises for group-run enterprises that have no market demand or are managed by groups that quickly disintegrate due to poor management.

The strategy to address this challenge is for integrated programs to engage quality experts from both fields of practice in the entire program cycle, at the levels of:

- funding,
- program design,
- program implementation,
- quality control, and
- monitoring and evaluation.

And, it means that guidance for good practices in integrated programming should be developed jointly by experts in both disciplines.

2.5.4 Necessary Expertise for Integrated Programming

Yet another challenge to integrated programming is the need for qualified technical experts from both disciplines—public health and MED. Effective integrated programming engages both public health and MED technical experts at all stages of the program, from funder to field staff.

39 This is a reflection heard in a number of sessions and discussions at The SEEP Network’s 2006 and 2007 annual conferences.
Different kinds of experts are useful at different program stages and for different programming strategies. The table here lays out the kinds of technical expertise needed for different program stages and strategies.

### Technical Expertise Required for Program Stages and Strategies

<table>
<thead>
<tr>
<th>Program stage</th>
<th>MED expertise</th>
<th>Public health expertise</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Design of funding mechanism</td>
<td>Broad MED and/or livelihood security expertise, or a combination of different MED specialists, such as microfinance, market development, agricultural development, workforce or vocational training, and/or livelihood security</td>
<td>Broad experience working with AIDS-support organizations; prevention, care, support, and treatment programs; knowledge of ministry of health protocols and priorities in host country</td>
<td>Partnership expertise to establish the parameters for ensuring strong partnering among implementing agencies</td>
</tr>
<tr>
<td>Program design</td>
<td>Broad MED expertise or a combination of specialists</td>
<td>Broad experience in comprehensive AIDS responses and field work, and understanding of local context, ministry of health priorities, and cultural barriers</td>
<td>Partnership experts to help negotiate each partner's responsibility, authority, and allocated resources for implementation</td>
</tr>
<tr>
<td>Strategic implementation (i.e., consulting companies, international NGOs, and national NGOs)</td>
<td>Specialists in the specific MED strategy(s) selected for the program</td>
<td>Knowledge of and experience with comprehensive AIDS responses (MPH** preferred), knowledge of ministry of health protocols and priorities in host country</td>
<td>Monitoring and evaluation specialists to help the team remain focused on joint outcomes and to track success toward program indicators</td>
</tr>
<tr>
<td>On-the-ground implementation (i.e., implementing partners, subgrantees and CBOs)</td>
<td>Expertise tailored to the specific role each implementing partner will play</td>
<td>Understanding of socio-cultural context and barriers to change; knowledge of local service provision and ministry of health guidelines; awareness of ASOs</td>
<td>Involvement of local leadership representing the community, government, and civil society agencies</td>
</tr>
</tbody>
</table>

* The field of market development is broad, encompassing people experiences in different areas, such as value chain development, market linkages, business or enterprise development, business development services, etc.

** Master of public health degree

### Qualifications of Good Practice MED Experts—Program Design and Strategic Planning Level

It is important when designing and planning microenterprise development initiatives to engage MED experts of sufficient caliber with certain qualifications:

- Relevant university degree
- 5–10 years of experience in enterprise development, microfinance, agricultural market development, or livelihood security work
- Experience in developing sustainable, large-scale initiatives
- Professional development (certificate course) or the equivalent at a recognized international institute for microenterprise development, including:
- Southern New Hampshire University’s Microenterprise Development Institute, http://www.snhu.edu/746.asp
- Hans Posthumus Consultancy, http://www.hposthumus.nl/

- Demonstrated knowledge of key industry terms and principles (can be ascertained by asking broad interview questions about how they would approach this work, and by comparing the response to the principles and strategies in The SEEP Guidelines)
- Openness to adapting good practice approaches to the HIV & AIDS context and a dedication to supporting communities impacted by HIV & AIDS

Please note that these qualifications are not necessary for field-level implementation.

**Qualifications of good practice public health experts—program design and strategic planning level.** It is important when designing and planning public health initiatives to engage public health experts of sufficient caliber, with certain qualifications:

- Advanced degree—master’s in public health—or 10-plus years of experience in AIDS and/or international health
- Five years successful experience in AIDS programming, program design, and community-based program implementation
- Relevant experience in health education, clinic-based HIV & AIDS-service provision and management, community health, behavior-change communication, community mobilization, psychosocial support, nursing, nutrition
- Openness to adapting good practice approaches for livelihood security and economic development

Please note that these qualifications are not necessary for field-level implementation staff.

Cambridge University offers a certificate in cross-sector partnership; for more information, see its web site: http://www.epi.cam.ac.uk/programmes/partnerships%2C_ethics__governa/pccp/about_the_programme.aspx. Also see Annex C, Frequently Asked Questions.
2.6 WHERE CAN I FIND TECHNICAL RESOURCES FOR INTEGRATED PROGRAMMING?

For healthy collaboration, it is important for each sector to understand one another’s operational realities and programming potential while seeing the desired outcomes for each sector. The following sets of key resources for each sector can help you find and keep up to date with information, tools, and technical experts. We present the following groups of resources:

2.6.1 Microenterprise Development

microLINKS, http://www.microlinks.org
   A USAID-hosted site containing tools, research, on-line discussions, and more.

   A good place to keep up with donor dialogue and policies and to get a list of official donor contact information for donors that fund microenterprise development.

The SEEP Network, http://www.seepnetwork.org
   Connects microenterprise practitioners in a global learning community. It contains a wealth of learning documents and announcements about learning events and grants. SEEP is a membership organization. The home site contains a practitioner directory of microenterprise development practitioners around the globe.

2.6.2 Microfinance

Microfinance Gateway, http://www.microfinancegateway.org
   A comprehensive online resource for the global microfinance community. It includes research and publications, featured articles, organization and consultant profiles, and the latest news, events, and job opportunities in microfinance

   Works with insurers and delivery channels to develop partnerships that help low-income people around the world gaining access to quality microinsurance products, since its inception in 2002.

Consultative Group to Assist the Poor (CGAP) http://www.cgap.org
   A global center for donor support and dialogue around microfinance. The site contains a wealth of research, guidelines, funding information, and donor policies.
2.6.3 Enterprise Development


This SEEP Network site links communities of practice to advance sustainable poverty eradication. It contains a carefully selected set of key resources—tools, promising practices, training events—on enterprise development, value chain development, social enterprise, and urban development. It hosts online discussion and lists a wide range of technical experts, training events, and potential practitioner partners.

BDS Knowledge, http://www.bdsknowledge.org

An online library containing a wide range of publications and program documents. For an overview, see the “ILO Seminar Readers,” for example, the “Eighth Annual Seminar on Developing Service Markets and Value Chains,” http://www.bdsknowledge.org/dyn/bds/docs/detail/587/6

2.6.4 HIV & AIDS


An annual update produced each year in December to report the latest developments in the global AIDS epidemic. The 2007 edition provides the most recent estimates of the AIDS epidemic and explores new findings and trends in the epidemic’s evolution.


An international HIV & AIDS charity based in the U.K., working to avert HIV & AIDS worldwide. This site provides basic information and statistics, and it offers tools and useful resources in a user-friendly format.

The International Alliance for HIV/AIDS, http://www.aidsalliance.org/

Its publications webpage brings together a number of resources—such as training resources and programming tools produced by the Alliance and its partners. The “Useful Links” section of its website has more HIV & AIDS resources and information, http://www.aidsalliance.org/sw6987.asp.


2.6.5 Integrated Programming


This SEEP Network site is the only global platform linking microenterprise development and public health practitioners around the challenge of HIV & AIDS. The site hosts:
The SEEP Network Guidelines for Microenterprise Development in HIV and AIDS-Impacted Communities: Supporting Economic Security and Health

- The SEEP Network Guidelines for Microenterprise Development in HIV & AIDS-Impacted Communities: Supporting Economic Security and Health
- "Promising Practices" case studies
- A library of resources on integrated programming for microenterprise development in HIV & AIDS impacted communities
- Online discussions
- A practitioner director of implementing agencies with interest and skills in integrated programming.


This website helps financial institutions figure out their exposure to health and HIV & AIDS risks, strategies to manage these risks, and potential partners, and find information, case studies, and other useful resources. See, especially, C. Gomman and D. Liber, “Guidebook—Partners and Action: Financial Institutions and Health and AIDS Risk Management” (2006) http://www.microfinancerisk.org/pages/Content.asp?SectionID=32

GTZ (Gesellschaft für Technische Zusammenarbeit), http://www.gtz.de/en/
2.7 Where Can I Get Financial Resources for Microenterprise Development in HIV & AIDS-Impacted Communities?

Where can one get funding for integrated programming, to address HIV & AIDS in a MED program and to conduct MED work in HIV & AIDS-impacted communities? As of this writing (May 2008), funding for integrated microenterprise development and HIV & AIDS work remains a significant challenge. Funding for MED and for HIV & AIDS is often separated into areas of specialization, except in large integrated programs. Even then, there is often a focus on one sector, limiting the ability to do quality work in both areas on a large scale. Health programs funding HIV & AIDS generally allocate minimal resources, if any, to microenterprise development or limit the uses of their funding (as is often the case with PEPFAR funding). The funding available is usually for “livelihood security” or activities that fall under market (re)entry. Microenterprise-development funding programs rarely allocate funding specifically to people and communities impacted by HIV & AIDS.

It is challenging for practitioners to patch together funding from different sources, due to often contradictory objectives and strategies emerging from funders, specifically those who are focused on best practices in their technical areas of practice. For example, health funders generally require practitioners to target funding to the most vulnerable families, often in specific social categories, whereas MED funders require practitioners to focus on sustainability or economic growth results (e.g., increased maize production). This pushes MED practitioners to target the more economically viable farms and businesses, and they may look past those people struggling with HIV & AIDS. The main funding for integrated programming currently available is often pilot money for learning initiatives or small grants from private sources.

2.7.1 Who are the Largest Funders of HIV & AIDS Programming?

Global funding for HIV & AIDS is concentrated in a few significant sources. In 2006, the largest funder was the U.S. President’s Emergency Program for AIDS Relief (PEPFAR), which allocated $1.7 billion to AIDS relief. The second largest was the Global Fund to Fight AIDS, Tuberculosis, and Malaria, with $1.1 billion (for all 3 diseases). Total private foundation money amounted to $979 million, 75 percent of which was contributed by the Bill and Melinda Gates Foundation.

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<tr>
<td>Total private and foundations</td>
</tr>
<tr>
<td>Global Fund</td>
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<tr>
<td>PEPFAR</td>
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</tbody>
</table>

**Do these large funders support MED?**

PEPFAR’s strategic objectives focus on prevention of HIV & AIDS, care and support of people living with AIDS and orphans and vulnerable children, and treatment. MED is
mentioned as a fundable strategy under “Gender”—number 5 of 6 activities mentioned. It is generally not acknowledged that MED can also contribute to effective prevention and treatment. The Global Fund focuses exclusively on health programming to address the eradication of tuberculosis, malaria, and AIDS. The Bill and Melinda Gates Foundation is a significant global supporter of MED, but to date their global health funds are discrete from global development funds and they pursue best practices in their HIV & AIDS and MED programs separately.

Bill and Melinda Gates Foundation: Grants Paid Summary, 2006

![Pie chart showing grants paid by the Bill and Melinda Gates Foundation in 2006.]

Do these large funders support private volunteer organizations (PVOs) and NGOs? The Global Fund is an international foundation originally established by the UN, leaders of the G8 countries, and leaders of African governments. It is governed by representatives of governments, practitioners, and communities living with AIDS. UNAIDS, World Health Organization, and the World Bank have implemented partnership agreements and are non-voting members of the board. Through 2006, 95 percent of the funding for the Global Fund has come from governments. Funds are allocated through country coordinating mechanisms facilitated by host governments. In 2006, the majority of funding was allocated to government agencies and the United Nations Development Programme (UNDP), with 23 percent going to community or faith-based organizations (FBOs).

In 2005, PEPFAR allocated over half (57 percent) of its funding to NGOs and FBOs. PEPFAR funding is dispersed centrally, with the majority of grants being distributed by U.S. government country missions in 16 target countries. In these target countries, the funds are implemented
through U.S. embassies and USAID, often in conjunction with other health initiatives. Most PEPFAR funding is channeled through large NGOs, contractors, and research or clinical agencies, many of whom sub-grant or develop agreements with other partners. In many cases, there are tiers of partnerships that funnel financial resources (and in some cases technical assistance) to more community-based organizations. Some SEEP Network members have received PEPFAR grants for care and support programs and are using a small portion of the funds to support innovative pilot programming that integrate MED and HIV & AIDS mitigation strategies.

The Bill and Melinda Gates Foundation supports not-for profit organizations, including MED and health practitioners and universities. The foundation has also contributed to the Global Fund.

**PEPFAR Sub-prime Partner Breakdown, 2005**

<table>
<thead>
<tr>
<th>Partner Type</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>Host Country Government Agency</td>
<td>44.38%</td>
</tr>
<tr>
<td>NGO</td>
<td>23.23%</td>
</tr>
<tr>
<td>Private Contractor</td>
<td>21.37%</td>
</tr>
<tr>
<td>University</td>
<td>5.78%</td>
</tr>
<tr>
<td>Multilateral Agency</td>
<td>4.91%</td>
</tr>
<tr>
<td>TBD</td>
<td>0.22%</td>
</tr>
<tr>
<td>FBO</td>
<td>0.11%</td>
</tr>
</tbody>
</table>

2.7.2 What Are the Opportunities to Influence the Dialogue, Spending, and Strategies of Major Funders in HIV & AIDS and Microenterprise Development?

Practitioners have a voice in many of the key funding agencies. In general, practitioners can raise the issue of integrated programming in online fora, at conferences, and within their own organizations to colleagues and partners. More formally, practitioners can seek opportunities to advise funders. The Global Fund has country coordinating mechanisms in each implementing country, for example. The Global Fund also hosts a partnership forum from time to time, which solicits feedback from practitioners and other leaders. The Global Fund is advised by a technical evaluation reference group, which currently is comprised only of health experts.

PEPFAR is funded by U.S. Congressional mandate. Having been in existence for five years, the program is due for “re-authorization” and is currently under discussion and review in the U.S. Congress (early 2008). Practitioners have an opportunity to influence PEPFAR directions by contacting their representatives or senators or through the Microfinance Coalition, which is the main U.S. advocacy group for international microenterprise development. The RESULTS
advocacy organization, the host of the Microcredit Summit Campaign, is advocating for USAID to target some microenterprise funding towards people and communities impacted by HIV & AIDS.

The Bill and Melinda Gates Foundation has program advisory panels for each of its global strategies, comprised of global experts. Practitioners could seek opportunities to dialogue with these experts. Other private foundations also have advisory panels that function in a similar way.

### 2.7.3 Who Are the Largest Funders of MED?

MED funding is harder to track because it is so widely dispersed. The bulk of funds go toward supporting savings and credit services through microfinance institutions. CGAP, housed at the World Bank, coordinates a donor aid-effectiveness group of more than 30 multilateral donors, bilateral partners, and private organizations to improve the quality of aid flowing specifically to microfinance. Public sector funders, with USAID in the lead, were the original donors to microfinance institutions, which emerged from NGOs. Now, the leading MFIs seek and receive loans or investment funds. Public commercial-investment agencies, such as the IFC (International Finance Corporation), Germany’s KfW (Kreditanstalt für Wiederaufbau), and the European Investment Bank, are currently the largest investors in microfinance. IFC, for example, currently has US$ 640 million in outstanding commitments to microfinance and plans to double this amount over the next three years. These investors offer equity, loans, and guarantees and were a natural follow-on to the early grant money that helped build microfinance institutions into credit-worthy investments. Grant funding is generally targeted at helping develop institutional capacity and new, innovative approaches, rather than providing capital and expenses for loan administration or simple program expansion.

Market or enterprise development funding is also scattered and exists under different program names and facilities, including value chain development, business development services, enterprise development, making markets work for the poor, and income-generation activities. The international Donor Committee on Enterprise Development (http://www.sedonors.org) is a network of predominantly government donors who support MED.

### 2.7.4 Who Supports Pilot Programs and Learning Initiatives for Integrated Programming?

Mobilizing funding for integrated programming requires demonstrating success at the field level. A number of initiatives are underway that support pilot programming and learning. These SEEP Guidelines, and the accompanying online community of practice, represents one such initiative.

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40 http://www.results.org
41 http://www.cgap.org/direct/index.php
Others include “The SEEP Practitioner Learning Program on HIV & AIDS”\textsuperscript{42} (case study research) and the “Displaced Orphans and Children’s Fund” (DCOF) of USAID, managed through the AED-led STRIVE program.\textsuperscript{43}


Aid to Artisans, “Impact Assessment of the GCSEI Program” (Hartford, CT: Aid to Artisans, 2007).


ANNEX A. HIV & AIDS TERMS AND ACRONYMS

ABC: A behavior-based prevention strategy that focuses on abstinence, be faithful, and (correct and consistent) condom use. Note that being faithful as a prevention strategy requires that both members of a couple must be HIV-negative and only have sex with one another.

Adherence: Refers to how closely a treatment regimen is followed. In this case, adherence refers to HIV and taking anti-retroviral (ARV) drugs. When a person does not adhere to their treatment regimen, there is the chance that the body will develop resistance to the drug and the drug may not work as well anymore (see resistance).

AIDS: Acquired immunodeficiency syndrome, a condition in which the body’s weakened immune system is unable to fight off opportunistic infections. These infections can, if untreated, result in death.

ART: Anti-retroviral therapy is when a combination of drugs is given that delays HIV replication and immune system deterioration and allows for increased survival and better quality of life. They are called anti-retrovirals because HIV is a retrovirus.

ARVs: Anti-retrovirals are compounds that inhibit the replication of HIV and make up ART. These are the special drugs being used to treat people with HIV and prevent further immune suppression. Examples of the key ARV drug classes are nucleoside(tide) reverse transcriptase inhibitor (NRTI), non-nucleoside(tide) reverse transcriptase inhibitor (NNRTI) and protease inhibitor (PI).

BCC: Behavior change communication (sometimes referred to as CBC, or communication for behavior change) refers to an interactive process used by engaging communities to develop tailored messages that may be delivered through various channels of communication. The goal is to develop messages that lead to changes in behavior that eventually lead to HIV prevention.

CD4: A protein present on T-helper cells in the body. Counting the level of CD4 proteins via a laboratory test can help practitioners learn how strong a person’s immune system is. This test is used in combination with the viral load test, which measures the amount of HIV in the blood. Both tests are used to predict staging of HIV and help determine the proper medical treatment a patient requires. The number of CD4 cells we have is called our CD4 count. The lower one’s CD4 count, the more likely one is to show signs of illness. A low CD4 count is less than 200: at this stage, treatment is usually considered.

Co-infection: Infection with more than one virus, bacterium, or other micro-organism at a given time. For example, an HIV-infected individual may be co-infected with the hepatitis C virus (HCV) or tuberculosis (TB).

GIPA: Greater involvement of people living with or affected by HIV & AIDS.
**HBC:** Home-based care. HBC programs provide support to people living with **HIV (PLWH)**, their families, and communities to provide holistic, culturally appropriate care on a variety of levels. Care may include medical and nursing care, counseling and psychosocial support, socioeconomic support, and referral. HBC may be carried out by community volunteers or medical professionals, depending on the type of service that is being provided. The programs are often used in conjunction with **palliative care** which usually includes clinical, social, psychological, spiritual, and positive prevention efforts.

**Highly active anti-retroviral therapy (HAART):** The name given to treatment regimens that aggressively suppress **HIV** replication and progression of **HIV** disease. The usual HAART regimen combines three or more anti-**HIV** drugs.

**HIV counseling and testing (HCT) and voluntary counseling and testing (VCT):** HIV counseling and testing is used to help people ascertain their **HIV** status. A blood or saliva test detects the presence of **HIV**-antibodies and usually involves a pre-test counseling session and a post-test session, where the test results are shared and clients are counseled about prevention or treatment depending on their test results. If the test shows that antibodies are present, the person is **HIV**-positive; if not, the person is most likely **HIV**-negative or within the **window period**.

VCT means an HIV test that is offered to patients on a voluntary basis including pre- and post-test counseling. Some countries and health care facilities are promoting “opt out” testing, in which people seeking medical care at a health facility are routinely screened for **HIV** in high prevalence areas, unless they “opt out.” Part of the underlying motivation for this approach is to de-stigmatize **HIV**, so that it is considered like any other disease. Voluntary counseling and testing (VCT) is considered to be an “opt in” program because the person takes the initiative voluntarily.

**HIV:** Human immunodeficiency virus, technically classified as a retrovirus, is a disease of the immune system that progressively weakens the body’s ability to fight infection. There are four modes of transmission of **HIV:** (1) sexual intercourse; (2) blood; (3) in utero, primarily during childbirth; and (4) breastfeeding.

**HIV incidence:** The number of new **HIV** infections or cases in a population reported over a certain period of time, for example, one year.

**HIV prevalence:** Usually given as a percentage, this is the estimated number of people in a population living with **HIV & AIDS** at a specified point in time (like a camera snapshot). UNAIDS normally reports **HIV** prevalence among adults aged 15–49 years. We do not say “prevalence rates” because a time period of observation is generally not involved. “Prevalence” alone is sufficient, e.g., “the Caribbean region, with estimated adult **HIV** prevalence of 2.3 percent in 2003, is an area to focus on in the future.”

**IEC:** Information, education, and communication. An IEC campaign is a set of organized communication activities designed and implemented to achieve specific objectives with intended audiences for a specific period of time.
**OI:** Opportunistic infection (as related to AIDS) refers to an infection caused by organisms that do not affect a person with a healthy immune system. Some opportunistic infections experienced by people with advanced HIV infection include pneumocystic carinii pneumonia; Kaposi’s sarcoma; cryptosporidiosis; histoplasmosis; other parasitic, viral and fungal infections; and some other types of cancers.

**OGAC:** Office of the Global AIDS Coordinator. The global AIDS coordinator oversees the President’s Emergency Plan for AIDS Relief (PEPFAR).

**OVC:** Orphans and vulnerable children.

**Palliative care:** Programs that address pain and symptom management (treatment and prevention of OIs) in people living with HIV & AIDS. This approach is often used in combination with home based care (HBC). According to PEPFAR and other funders, palliative care should provide services which support quality of life for HIV-positive adults and children. Although traditional palliative care has focused on pain and symptom relief at the end of life, PEPFAR programs take a broader view, incorporating clinical, psychological, spiritual, social, and preventive care services. It begins with the HIV-positive diagnosis and extends though the end of life, using a family-centered approach. In best practices, palliative care is provided with respect for patient autonomy and choice, support for care givers, and appreciation and respect for cultural values, beliefs, and customs. It should provide the routine monitoring that is essential for determining the optimal time to initiate anti-retroviral therapy (ART), and it continues during and after the initiation of treatment. Palliative care includes and goes beyond the medical management of infectious, neurological, or oncological complications of HIV & AIDS to comprehensively address symptoms and suffering throughout the continuum of HIV disease.

**PEPFAR:** The U.S. President’s Emergency Plan for AIDS Relief, a $15-billion fund initiated in 2003 by President George W. Bush to address HIV prevention ($10 million), AIDS and OVC care and support ($7 million) and AIDS treatment ($2 million) over 5 years. Approved by the U.S. Congress in 2003, the first funds were distributed in 2004. A fund of $50 billion is expected when and if PEPFAR is reauthorized by the U.S. Congress.

**PLWH or PLHIV:** Person living with HIV, preferable to “AIDS victim.”

**Positive living:** Refers to the concept of living “positively” with HIV. Positive living can be accomplished when a person has a good attitude about their HIV status. A positive attitude can be achieved when a person has the knowledge and the medical and economic tools to live a normal, productive life as an HIV-positive individual.

**Re-infection:** Refers to a person with HIV becoming infected again with HIV (with the same strain, a different strain, or a drug-resistant strain).

**Resistance:** When a person does not take their ART properly or uses a particular ARV for a long time, there is the chance that the body will develop resistance to the drug. When the body develops resistance, the drug does not work as well to delay HIV replication. In turn, the person’s immune system will become weaker. This is why it is important to focus heavily on...
adherence to ART and ensure people who are taking ARVs are monitored regularly by their health care provider.

**Retrovirus:** A type of virus that replicates through a reverse transcriptase process (such as the HIV virus). This reverse process makes the HIV infection complex to treat.

**Safe sex and safer sex:** Sex is 100-percent safe from HIV transmission when both partners know their sero-status is HIV-negative and neither partner is in the window period between HIV exposure and HIV antibodies detected by the HIV test. In other circumstances, reduction in the numbers of sexual partners and correct and consistent use of male or female condoms can reduce the risk of HIV transmission. The term safer sex more accurately reflects the idea that choices can be made and behaviors adopted to reduce or minimize risk.

**Sero-status:** A generic term that refers to the presence or absence of antibodies in the blood. Often, the term refers to HIV-antibody status.

**Sexually transmitted infection (STI):** Also called venereal disease (VD)—an older public health term—or sexually transmitted disease (STD)—a term that does not convey the concept of asymptomatic sexually transmitted infections. Sexually transmitted infections are spread by the transfer of organisms from person to person during sexual contact. In addition to the “traditional” STIs (syphilis and gonorrhoea), the spectrum of STIs now includes HIV, which causes AIDS; chlamydia trachomatis; human papilloma virus (HPV), which can cause cervical or anal cancer; genital herpes; chancroid; genital mycoplasmas; hepatitis B; and trichomoniasis. Many STIs increase the risk of HIV transmission because of breaks in the skin that allow the virus to enter more easily.

**Side effects:** Refers to unpleasant reactions that the body has as a result of ART. Often side effects cause people to stop taking their ARVs. It is the goal of HIV practitioners to help patients to reduce and manage the side effects they experience from ARVs effectively, in order to maximize treatment benefits.

**Vertical transmission:** In the context of HIV, this indicates transmission of HIV from mother to fetus or baby during pregnancy or birth.

**Viral load:** The number of copies of the virus in the body per unit of blood. This is used in combination with the CD4 level, which is a protein present on T-helper cells. Counting the level of CD4 proteins via a laboratory test can help practitioners learn how strong a person’s immune system is. Both tests are used to predict staging of HIV and help determine the proper medical treatment a patient requires.

**Window period:** The time period between a person’s infection with HIV and the appearance of detectable anti-HIV antibodies. Because antibodies to HIV take some time to form, an HIV-antibody test will not be positive immediately after a person is infected. The time delay typically ranges from 14 to 21 days, but varies for different people. Nearly everyone infected with HIV will have detectable antibodies by three months after infection.
ANNEX B. GLOSSARY OF MICROENTERPRISE DEVELOPMENT TERMS

ASCA: Accumulated savings and credit association. An informal community group where the savings of the members accumulate instead of being emptied to one member every collection day (as in a rotating savings and credit association—**ROSCA**). Loans can be provided from the pot of mobilized savings. ASCAs may be time-bound or they can last indefinitely, but sound practice encourages time-bound ASCAs.

**Asset transfers:** When productive goods—livestock, seeds, tools, cash—are given to people to help them re-establish their livelihood.

**Bank:** The formal institution for holding savings and extending credit that is regulated by the central bank of the country.

**Business services (or products):** Formerly referred to as “business development services,” or BDS. These are activities and items that help businesses become more productive, reach market, or reduce costs. They can exist in stand-alone markets or strengthen a value chain. Some refer to these as “support services” or products because they support the value chain.

**Client assessment:** Collecting information from existing and potential clients in order to better understand their needs and demands for services, especially microfinance services.

**Commercial business services:** Business services offered to an enterprise to assist in business functioning or growth that is delivered by other businesses, through the market. See also business services.

**Credit unions and cooperatives:** Credit unions, or savings and credit cooperatives, are user-owned, democratically controlled, not-for-profit microfinance institutions that offer savings, credit, insurance, and remittance services to their members.

**Credit with Education:** In this model, microfinance institutions offer credit and savings to groups of individuals. The institution takes advantage of the regular group meetings to offer clients information and training.

**Demand:** A combination of awareness of a need, the need itself, and the ability to pay for solutions to the need, such as products or services.

**Demand-driven:** Means responding to high-priority small enterprise need for services and the existence of financial pressure on the provider to deliver a valuable service to the small enterprise.

**Economic strengthening:** A term often used by practitioners targeting orphans and vulnerable children and the very poor. In addition to some types of microenterprise development, economic
strengthening also tends to include cash transfers, vocational training, work-force development, and legal services.

**Enterprise development:** Helping people establish and expand businesses and farms, including small and very-small scale businesses and farms, through access to markets for inputs, for their products, and for business services, such as training, information, technology, or transportation. It means helping enterprises enter, remain in, and benefit more from market participation. It also includes market development, business services, value chain development, commercial business services, social enterprise, etc.

**Enabling environment or business environment:** The wide range of issues and institutions that lie outside the value chain, but affect how it works: for example, policies and regulations, trade issues, cultural norms, infrastructure, government agencies, associations, informal networks, and non-governmental organizations (NGOs).

**Facilitation:** Conducting temporary activities within a value chain in order to permanently overcome constraints and develop the value chain.

**Facilitator or facilitating organization:** An international or local institution that uses public funds to promote the development of specific value chains.

**Financial systems approach:** The development of regulations and institutions to support broad expansion of the microfinance industry, in addition to supporting individual, sustainable microfinance institutions.

**Group enterprises:** Businesses owned and launched by small groups of target clients, often referred to as “income-generating activities.” (“Income generating activities” is not recommended as a term in these SEEP Guidelines.)

**Group lending:** Lending mechanism which allows a group of individuals—either a solidarity group or a village bank—to provide collateral or a loan guarantee through a group repayment pledge. The incentive to repay the loan is based on peer pressure—if one group member defaults, the other group members make up the payment amount.

**Higher-value market:** Groups of consumers that are more stable, are able and willing to higher prices, or offer higher volume than the usual, local small enterprise markets.

**Impact:** Long-term result in a market system and/or among the target population as a consequence of program activities and outcomes.

**Income-generating activity:** Used in a variety of ways and not recommended as a term in these Seep Guidelines. Sometimes it is a general word referring to microenterprises. Sometimes it refers to self-employment by very poor people who have no employees. Often, it refers to group enterprises.
Industry: A sector (or subsector) which produces a particular product or service. The term includes the broader market systems involved in the production of a product or service beyond a single value chain.

Input: A material good required to produce another good or product.

Intervention: A temporary activity conducted by a development or government agency designed to permanently overcome a particular constraint and develop one or several value chains.

Livelihood security: A livelihood is the as a combination of the resources used and the activities undertaken in order to live. The resources might consist of individual skills and abilities (human capital), land, savings, and equipment (natural, financial, and physical capital, respectively) and formal support groups or informal networks that assist in the activities being undertaken (social capital). Livelihood security refers to the community of practice that helps people obtain and maintain strong livelihoods.

Market: The interaction of demand and supply for a particular product or service and the factors that affect these. It also refers to a consumer segment for a particular product or service, for example, the export market or an urban market.

Market analysis, assessment, research: Gathering information about potential clients, their industry, and the end-customer demand for one’s products and services. It includes processing and presenting this information for use in making key program design and implementation decisions. It is often used in enterprise development.

Market development approach: An approach to enterprise promotion which focuses on developing private sector markets for goods and services to make them more inclusive of and beneficial to specific groups of enterprises or people. It includes both value chain development and commercial business services.

Market linkages: Relationships in any market between buyers and sellers. This term is often used to describe activities that help clients find customers or “markets” for their products. Here, we advance the strategy of “value chain development” that strengthens market linkages among all businesses in a specific industry or value chain—from input supplier through intermediaries and on to the final customer.

Market opportunity: End markets or consumer segments that are growing and/or offer the potential for sales of higher value products or services.

Market research: Gathering information about a value chain to inform program design decisions. The research includes information collected about all parts of the value chain, as well as on the end markets for the products or services of program clients, the enabling environment, and related socioeconomic issues. This process is also called market assessment.
**Market (re)entry services:** Basic (often subsidized) business services that help destitute or very poor people (re)start microenterprises and (re)enter markets.

**Microcredit:** A part of the field of microfinance, microcredit is the provision of credit services to low-income entrepreneurs. Microcredit can also refer to the actual microloan.

**Microenterprise:** A small-scale business in the informal sector. Microenterprises often employ fewer than five people and can be based out of the home. Microenterprise is often the sole source of family income, but can also act as a supplement to other forms of income. Examples of microenterprises include small retail kiosks, sewing workshops, carpentry shops, and market stalls.

**Microentrepreneur:** The owner or proprietor of a microenterprise.

**Microenterprise development:** Two overlapping development activities:
- Helping people start and run very small businesses and farms
- Helping people access financial services (i.e., loans, savings, insurance, and remittances).

Together these two activities provide people with the capacity to manage crises and work their way out of poverty.

**Microfinance:** Financial services, such as lending, savings, insurance, and money transfer that are designed for the needs of low-income populations.

**Microinsurance:** A developing field of microfinance that provides health insurance and other insurance products to microentrepreneurs and employees in the informal sector.

**Microloan:** A loan imparted by a microfinance institution to a microentrepreneur, to be used in the development of the borrower’s small business. Microloans are used for working capital in the purchase of raw materials and goods for the microenterprise, as capital for construction or in the purchase of fixed assets that aid in production, among other things. The loans can also be for improving a microentrepreneur’s house.

**Money transfer or remittance services:** Facilities that help people move money from one location to another.

**Operational self-sufficiency (OSS):** A measure of financial efficiency equal to total operating revenues divided by total administrative and financial expenses. If the resulting figure is greater than 100 percent, the organization under evaluation is considered to be operationally self-sufficient. In microfinance, operationally sustainable institutions are able to cover administrative costs with client revenues.

**Parallel programs:** Some broad development organizations conduct integrated development programs on health and agriculture and also support independent microfinance institutions who serve their eligible clients. Clients can access a range of financial services when needed, but the microfinance institutions can make independent decisions about each client’s creditworthiness.
**Portfolio at risk:** Measurement of the total outstanding balance of loans past due—not late payments or payments not yet due—divided by the active portfolio. This is a more rigorous manner of assessing portfolio quality than portfolio past due or delinquent portfolio. Portfolio at risk can be 1 day, 30 days, 90 days, or more late, but usually 30 days late is the most common measure.

**Provider:** A firm or institution that provides support products or services to enterprises. Providers include private for-profit firms, NGOs, government agencies, industry associations, and individuals.

**ROSICA:** Rotating savings and credit association. A financial-services group where all members contribute equally and receive the pot once per cycle on a pre-scheduled basis. (i.e., weekly meetings, with the distribution schedule set by lottery).

**Scale:** Reaching larger numbers of clients

**Small- and medium-scale enterprises (SMEs):** Enterprises employing 5 to 10 workers (small scale) or between 10 and 50 workers (medium scale).

**Social enterprise:** A not-for-profit organization or socially oriented venture that advances its social mission through entrepreneurial market-based approaches to increase its effectiveness and financial sustainability with the ultimate goal of creating social impact or change.

**Strategic alliances:** Some microfinance institutions are entering partnerships with business development or health organizations which want to add microfinance to the package of services they offer clients. In these situations, MFIs devise services appropriate for the target market and make financial services available to eligible clients.

**Supplier:** A seller of products to other businesses. “Supplier” often refers to those companies that sell inputs to value chain players.

**Sustainability:** The capacity of a business, solution, service, or market to continue on an ongoing basis without financial support from government or charity (NGO) organizations.

- In the market development context, it refers to the functioning of a market: the durability and financial viability of market linkages and the availability of support products and services on a commercial basis. It implies the ability of the market to respond to shifts in demand and competition.
- In the microfinance context, it refers to the sustainability of the microfinance institution.

**Target group (client):** Often part of an organization’s mission or value, it refers to the ultimate program clients and beneficiaries.

**Value chain:** A market system. The network of firms that buy and sell to each other in order to supply a particular set of products or services to a particular group of final consumers. A value chain includes both those market players directly involved in the production and distribution of the end products or services and those that provide support products and services.
**Value chain analysis:** Analyzing market information about a particular value chain in order to understand various aspects of the value chain, including value chain players, value chain characteristics, and the enabling environment.

**Village banking:** A lending methodology in which clients—typically women—form groups of approximately 10–30 individuals that are autonomously responsible for leadership, bylaws, bookkeeping, fund management, and loan supervision. The group pools funds to use for business loans, savings, and mutual support, and members cross-guarantee individual loans.
ANNEX C. FREQUENTLY ASKED QUESTIONS

The following is a list of questions that MED and public health professionals often ask each other. This tool can be helpful for bringing colleagues and funders on board with integrated programming.

Questions about MED Commonly Asked by Public Health Professionals

QUESTION: Isn’t it irresponsible to load poor people, particularly those with HIV, with debt? How can people with HIV pay loans?

MED perspective: Most people, including the poor, want the opportunity to support themselves and their families. The poor can use financial services to smooth their income, reduce their vulnerability, and manage life-cycle events, such as weddings, funerals, and children’s education. If they don’t have access to fair financial services, they often turn to loan sharks, moneylenders, or hard-pressed family members, or deplete their few assets to manage any crisis. Many MFIs or community banks in areas of high HIV prevalence have HIV-positive clients. As long as they are able to engage in enterprise, they have no problem repaying their loans on time. Those who know their status are often highly motivated to build their businesses and save. In addition, increased access to treatment (HAART and ART) has prolonged productivity for many of those living with HIV, allowing them to reenter the market.44

QUESTION: How can you ask poor people to save when they are too poor to afford the basics?

MED perspective: Although the most destitute people may not be in a position to save, traditionally, poor people save in the form of assets, such as animals or jewelry. Microfinance programs have demonstrated that most poor people want to and do save. They seek safe, accessible ways to keep their money safe and to earn some interest if possible. The amounts may be small, so they do not attract the attention of banks, but for them, the amounts add up and provide a safety net.

QUESTION: What is microfinance? MED? Microcredit? Do all these terms mean the same thing?

MED perspective: Microenterprise development encompasses a range of financial and non-financial services targeted at poor entrepreneurs and their businesses, including business credit, training, market development, etc. Holistic approaches also include “credit with education” that uses credit programs as a vehicle to provide training in business skills, leadership development, personal development, women’s empowerment, health, and other areas. Microfinance is a range of primarily financial services for poor households, including all types of credit, savings,

insurance, and remittances. Microcredit refers to very small loans, a key service of the microfinance field. These services are often targeted at poor entrepreneurs, but can be for anybody who is excluded from the formal financial sector.

**QUESTION:** Why do MFIs and MED program resist serving our clients?

**MED perspective:** For many MED programs, funding and program targets are already established, so changing gears mid-program to focus more on HIV & AIDS threatens program performance and achieving established donor targets. Partnerships are best explored when adding HIV & AIDS components, when seeking new funding opportunities, or when engaging in strategic planning.

**QUESTION:** Doesn’t it make sense to start by tackling HIV & AIDS and then add MED?

**MED perspective:** MED programming can take place at any stage during the life cycle of the disease and its impact on a family or community. Different strategies are effective for different levels of economic vulnerability, which may broadly coincide with different stages of the disease, depending on the economic status of a family or community at the beginning of the epidemic. However, starting MED before HIV impacts a household can actually help them deal with any financial shocks—such as the need to pay for healthcare or increase spending on food, transportation or medication—before they occur. Savings and asset building, particularly productive assets—machines for production or service delivery, livestock, and land—can help create an economic safety net for households affected by HIV.

**QUESTION:** Aren’t most MED practitioners focused purely on financial success so they don’t care about social issues such as health, poverty eradication, or empowerment? How much of a real need is cross-sector partnership for the MED community?

**MED perspective:** MED has the same objective as other aspects of development: to reduce poverty and improve quality of life. Many MED practitioners choose their specialization because they see economic independence as particularly empowering, especially for women. Even MFIs set up as commercial banks include social goals in their mission statements. MFIs are accurately described as social enterprises, meaning that they use business practice and principles to achieve social goals. Unlike many other development initiatives, they are under pressure to be financially sustainable while serving the poor. Therefore, they have to balance financial and social goals.

**QUESTION:** I thought MED programs and MFIs work with the middle class and working poor only, not the truly poor in the community. Is that true?

**MED perspective:** Different MED strategies are appropriate for different levels of economic vulnerability. Attempting to attract MFIs or value-chain development programs into programs that serve only the very poor is a mismatch of resources. Program strategists should work together to mobilize a wide range of MED services delivered by a range of organizations to serve people at different levels. Currently, MFIs and MED programs are focused on developing innovative ideas for how to best reach and serve the very poor.
**QUESTION:** Why do MFIs have to charge market (high) interest rates?

**MED perspective:** MFIs have to charge market interest rates that may seem high. They do this in order to cover the high cost of administering very small loans. Normally, these interest rates are lower than informal-sector money lenders, but higher than banks. If the administrative costs of very small loans are similar to large loans, then MFIs must charge higher interest rates on the very small loans to earn enough to stay self supporting and sustainable. To protect against abuse, the MFI industry has developed “consumer protection” guidelines to protect borrowers against exploitative interest rates and other fees. MFIs are often under the authority of the commercial banking regulators that hold them accountable.\(^\text{45}\)

**QUESTION:** What does a lender do if a borrower becomes too ill to work and therefore cannot repay a loan?

**MED perspective and response:**

- In a group setting, others from the group will be responsible for paying the loan. They will make the decision about whether to collect any collateral, such as a bicycle. Collecting these items can help the group off-set the cost of paying for their member’s loan.
- If the individual has savings, these will be seized in order to compensate the loan fund for the loss. If an individual has offered collateral, this will be seized in order to off-set the lender’s loss.
- Some MFIs offer or require loan insurance, which protects the borrower from having savings and collateral seized and protects the lender and other group members from having to pay off the loan.

**QUESTION:** Why do MFIs need to be separate institutions? Why do MFIs discourage health and social service organizations from operating loan funds and providing grants?

**MED perspective and response:**

- Lending is a specialized technical service. Good practice requires specialized skills that consider both the needs of the client, the credit environment, and the sustainability of the microfinance institution.
- MFIs believe in achieving financial sustainability in order to continuously make capital available in poor communities and to continuously expand to reach more people. To achieve this requires large scale operation, often not achievable with the resources invested in small loan funds. In addition, MFIs require sophisticated accounting systems to track loan activity and the flow of capital and income into and out of the MFI. MFIs also require strategic leadership that understands the requirements of the industry and how to operate under legal authorities.
- Loan funds run by NGOs (non-governmental organizations) from other sectors often do not follow best practices. This can endanger the local “credit culture.” They often charge below-market interest rates or have very flexible debt-forgiveness policies. These practices can

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\(^{45}\) To learn more, see The SEEP Network Initiative on Consumer Protection and the working group, http://www.seepnetwork.org/section/programs_workinggroups/action_research/working_groups/pconsumerprotection
undermine the practices and policies of MFIs and limit their activity in certain markets where people do not take loan repayment seriously or expect subsidized interest rates.

- Grants can provide a disincentive for people to borrow and can create dependency. Also, it is hard to reach sustainability and scale with grants.

**QUESTION:** Why do MED programs ask the public health community for funding? Don’t they have plenty of funding?

**MED perspective:** Many MFIs worked for years to provide HIV & AIDS-prevention and awareness education to their clients and to design their products and services to help with orphan care and the financial needs of those affected and infected. They have become engaged because their clients and staff members have been affected. MFIs have significant independent sources of funding and generally do not seek HIV & AIDS funding. Other types of MED programming may require allocations of HIV & AIDS funding, however, since funding for non-microfinance MED is very limited.

**QUESTION:** Why must microloans to HIV & AIDS-impacted people be repaid?

**MED perspective and response:**

- Because microenterprise loans are expected to be repaid by everyone. It is also empowering for people impacted by HIV & AIDS to repay because they remain capable, remain a part of the community, and retain their good reputation, which allows them continued access to financial services in the future.
- Repaying the loan is essential for the sustainability of the microlender and allows others in a community, who may also be affected by HIV & AIDS, to be approved for loans.
- Repayment enables the sustainable system of lending to continue. When one borrower doesn’t pay, it can encourage others to default and can lead to the collapse of the loan fund.

Questions about HIV & AIDS Programming Commonly Asked by MED Professionals

**QUESTION:** Are HIV & AIDS programs sustainable?

**Public health perspective:** Definitions regarding sustainability may differ from the MED sector, but HIV & AIDS programs strive to engage existing community structures, build local capacity, and make sure their interventions are cost effective. In addition, they follow national strategies and protocols and are often linked with government programs and services.

**QUESTION:** Can people living with HIV repay loans?

**Public health perspective:** HIV-positive clients (both those who know their HIV status and those who do not) have proved to be reliable members of community banks. As long as they are able to engage in their enterprise, they have no problem repaying their loans on time. Those who
know their status are often highly motivated to build their businesses and save. People with access to medicine can live long, productive lives.

**QUESTION:** Aren’t HIV & AIDS program designers focused on short-term emergency health needs, rather than long-term practical financial matters?

**Public health perspective:** Many HIV & AIDS program designers and managers are planning for the long term, while addressing emergency needs. For example, they develop health delivery systems to sustain service delivery. Many are intensely focused on identifying and supporting large-scale solutions.

**QUESTION:** Why do HIV & AIDS programs use inappropriate MED practices that undermine MFIs and markets?

**Public health perspective:** Most MED approaches and programs have excluded people and communities impacted by HIV & AIDS. Effective strategies were not developed, so public health practitioners have had to innovate and use what tools were available to the non-expert.

**QUESTION:** Why do HIV & AIDS experts say they do not have enough funding? Surely, they have more than MED programs?

**Public health perspective:** While more funding has been allocated to address prevention, treatment, and care, there are not enough resources to meet the needs of the millions affected by this pandemic. Funding is still scarce, compared to the need. Once a program has been funded, often money has been allocated to specific partners or initiatives and there is no flexible funding to channel to an MED program.

**QUESTION:** Aren’t integrated programs hard to implement? Don’t they undermine MED outcomes?

**Public health perspective:** Integrated programming carries some risks. But, without integration, programs often do not address the full problem or needs of the people and are not sustainable. The challenge is to design programs well so that they are worth the cost to implement.
ANNEX D. G R O U P - M A N A G E D B U S I N E S S E S

Although group enterprises are a common response in HIV- and AIDS-impacted communities, practical experience drives these SEEP Guidelines to advise caution and encourage programs to explore the wider range of options presented here. There are advantages and disadvantages to group enterprises.

Advantages of Group Enterprises

- **Efficiency**: Programs can reach a group of people with one technical visit or service.
- **Leverage**: Programs can be tacked on to existing groups that are already formed for social purposes.
- **Demand**: Clients in social groups demand assistance with income generation.
- **Economies of scale and market leverage**: Groups enable poor people to accumulate capital and invest in equipment or purchase and produce in bulk, and to link to market with a single transaction.
- **Access to higher volume, steadier, or higher-value markets**: Often individual enterprises are run by poor people selling to poor people in very low volume. Higher margins are possible when selling to others with higher incomes or high-volume purchasers, such as schools or traders.

Disadvantages and Risks of Group Enterprises

- Group enterprises can offer a way for households to get a higher return on investment, to take a relatively safe risk with a small amount of capital and time, and to diversify household income.
- Often, programs promote the same productive enterprises (pig rearing, for example) with little regard for the market for the product.
- Groups are more difficult to manage than individual enterprises. They are easily co-opted by individuals or a few leaders or can present an undue burden on very weak members.
- When health or social services organizations support group enterprises, it can be challenging to provide the right technical, business management, group management, and marketing advice—particularly if there is a wide range of group enterprises.
- A group enterprise is usually a secondary activity for members, so when crisis hits, it is a lower priority which then affects other members.
- Group enterprises in which all members are living with HIV or AIDS or are heavily impacted by HIV & AIDS may have lower success rates because everyone is struggling. On the other hand, in groups with a mixed membership, there may be resentment against people who are more affected and not able to contribute.

Recommendations

- Explore a range of options before determining that group enterprises be a core strategy.
• Help groups choose the minimal function and simplest level of engagement first, building up to more complex arrangements. For example, groups can send a representative to the market or to a trade to negotiate on their behalf, but the trader can purchase individually from each member on a specific day; or the group can send two representatives to procure inputs for the group, but members can manufacture and market their goods individually, etc.

• Access effective group management training materials that, at a minimum, ensure that
  - leadership is fairly elected and rotated;
  - more than one leader has control over the money;
  - finances are reported transparently to all members regularly;
  - individuals have the option to invest money and get a return without working, returns are relative to the amount invested, and the amount invested is sometimes fixed and sometimes flexible;
  - people who put in time are appropriately compensated for that time or for their output;
  - there are consequences for non-payment or non-participation, and policies in place in case of emergencies; and
  - there are succession plans and policies in case of illness or death.

• Develop technical capacity in a few types of enterprises. Conduct business feasibility on the group enterprises to ensure their viability. Develop standard business models, plans, and manuals and instructions to help many groups efficiently. Ensure effective and sufficient market linkages for inputs and products so as not to saturate the market with a few enterprises.

• Concentrate on accessible, higher-value markets that present an added return for individuals, but are not too risky.

• Use local traders and intermediaries. Do not use the group or an NGO to “go around the market.” Create sustainable market linkages.